



Bi-Weekly Tidbits

News From Neighborhood Services Division

Volume 6 / Issue 9 / April 28, 2016



CELEBRATE MOM
SUNDAY, MAY 8

Inspirational Quote

“So many of our dreams at first seem impossible, then they seem improbable, and then, when we summon the will, they soon become inevitable.”

– Christopher Reeve

City of
SACRAMENTO
Neighborhood Services



Neighborhood Services Bi-Weekly Tidbits Calendar Dates 2016

Deadline Dates For flyers/informational materials to be included in current Tidbits	Release Dates For current Tidbit release	Vol/Issue #
Tuesday, April 12, 2016	Thursday, April 14, 2016	Vol. 6 Issue 8
Tuesday, April 26, 2016	Thursday, April 28, 2016	Vol. 6 Issue 9
Tuesday, May 10, 2016	Thursday, May 12, 2016	Vol. 6 Issue 10
Tuesday, May 24, 2016	Thursday, May 26, 2016	Vol. 6 Issue 11
Tuesday, June 7, 2016	Thursday, June 9, 2016	Vol. 6 Issue 12
Tuesday, June 21, 2016	Thursday, June 23, 2016	Vol. 6 Issue 13
Tuesday, July 5, 2016	Thursday, July 7, 2016	Vol. 6 Issue 14
Tuesday, July 19, 2016	Thursday, July 21, 2016	Vol 6 Issue 15
Tuesday, August 2, 2016	Thursday, August 4, 2016	Vol 6 Issue 16
Tuesday, August 16, 2016	Thursday, August 18, 2016	Vol 6 Issue 17
Tuesday, August 30, 2016	Thursday, September 1, 2016	Vol 6 Issue 18
Tuesday, September 13, 2016	Thursday, September 15, 2016	Vol 6 Issue 19
Tuesday, September 27, 2016	Thursday, September 29, 2016	Vol 6 Issue 20

Interested in including your event in our Bi-Weekly Tidbits? Email us details and/or a flyer about your event for consideration to VJones@cityofsacramento.org.

View the latest issue of Tidbits on our website at

<http://cityofsacramento.org/ParksandRec/Neighborhood-Services>.

Interested in participating in local government?

APPLY for a City of Sacramento Advisory Board or Commission Today!

Board, Commission or Committee Announcements	Application Closing Date
Animal Care Services Citizens Advisory Committee	Until Filled
Compensation Commission	Until Filled
Downtown/Riverfront Streetcar Policy Study Steering Committee	5/6/2016
Ethel MacLeod Hart Trust Fund Advisory Committee	5/6/2016
Measure U Citizens Oversight Committee	5/6/2016
Preservation Commission	6/3/2016
Sacramento Disabilities Advisory Commission	6/3/2016
Sacramento Environmental Commission	9/9/2016
Sacramento Heritage, Inc. Board of Directors	6/3/2016
Sacramento Metropolitan Arts Commission	5/6/2016
Sacramento Youth Commission	5/6/2016
Utilities Rate Advisory Commission	5/6/2016

TO **APPLY** for current vacancies please visit:

<http://portal.cityofsacramento.org/Clerk/Legislative-Bodies/Boards-and-Commissions>

For more **information**, contact the Sacramento City Clerk at:
clerk@cityofsacramento.org | (916) 808-7200

Don't miss May's Sacramento Community Police Commission Meeting

May 9, 2016

**Hagginwood Community Center—2450 Meadowview Road, Sacramento Ca 95832
6:00 P.M.**



2016 Sacramento Community Police Commission

MEETING CALENDAR

- Meetings
- Council Recess
- Holidays
- Thursday City Council Meetings

JANUARY 2016						
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AUGUST 2016						
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NOVEMBER 2016						
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DECEMBER 2016						
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Meeting Frequency: No Less than 8x per Calendar Year
Meeting Location:
 January, March, August, October, November – City Hall
 February – Oak Park Community Center
 April – Pannell Community Center
 May – Hagginwood Community Center

Reasons for Thursday City Council Meetings:
 April 12 - Cap to Cap
 June 7 - Election Day
 August 2 - National Night Out
 October 11 - Yom Kippur
 November 8 - Election Day



Now - May 1, 2016 - Kingdom of Dust: Drought & Decline in California's Central Valley

Featuring the work of Tulare County-based photographer Matt Black. "Kingdom of Dust: Drought & Decline in the Central Valley" is a visual exploration of a place seemingly light years away from the California most of the world sees. California Museum [1020 O Street](#), Sacramento, CA 95814. For more information visit museuminfo@californiamuseum.org

Now - June 19, 2016 - Bear In Mind: The Story of the California Grizzly

Based on Susan Snyder's 2004 book of the same name published by Heyday Books, "Bear In Mind: The Story of the California Grizzly" is a traveling exhibit chronicling the complex history of the state's most iconic symbol, the grizzly. California Museum [1020 O Street](#), Sacramento, CA 95814. For more information visit museuminfo@californiamuseum.org

April 29 - May 1, 2016 - Haggin Oaks Golf Expo

Named by Golf World, Golf Digest, and Golf Range magazines as the best golf promotion in the country, the 41st Annual Haggin Oaks Golf Expo continues to lay claim to the title of "America's Largest Demo Days." Test the hottest golf equipment and accessories, experience the latest technology in launch monitors, talk to representatives from the top brands in golf, trade in your old clubs, and shop the 15,000+ square foot Haggin Oaks Golf Super Shop. Nowhere else in the country will there be a larger collection of golf vendors gathered and accessible to the general public. **Haggin Oaks Golf Complex** [3645 Fulton Avenue](#), Sacramento, CA 95821. For more information call (916) 808-2527 or visit <http://www.hagginoaksgolfexpo.com/>

April 29, 2016 - 60th Anniversary Gala

Enjoy an evening under the stars filled with fine wine, gourmet food, and entertainment provided by Sacramento Youth Symphony musicians and Mumbo Gumbo. This event will be emceed by Kitty O'Neal. There will be a cocktail reception and dinner. **Crocker Art Museum** [216 O Street](#), Sacramento, CA 95814. For more information call (916) 731-5777 or visit <http://www.sacramentoyouthsymphony.org/>

April 30, 2016 - Health and Resource Fair

The 3rd annual Health and Resource Fair is hosted by the California Telephone Access Program (CTAP) in Sacramento. There will be dental, hearing, vision, glucose, and blood pressure screenings. A mobile medical clinic will be providing general health screenings. CTAP will be distributing free specialized phones to eligible visitors (first come, first served). Various health and community organization informational booths, free door prizes, free raffles and a free flower pot making activity. There will be bilingual Spanish, Vietnamese, and Russian-speaking staff present. **CTAP Sacramento SC** [1300 Ethan Way](#) Suite 105, Sacramento, CA 95825. For more information call (800) 806-1191 or visit <http://www.californiaphones.org/>

April 30, 2016 - Star Wars Day: May the Forest Be With You

Meet your favorite Star Wars characters without making a trip to a galaxy far, far away. Visitors are encouraged to bring their cameras and pose for free photos with the costumed characters. Visitors will learn how animal adaptations and behaviors in Earth's galaxy relate to the creatures from the Star Wars universe through Wildlife Stage Shows, crafts and other activities. Visitors will also be able to enjoy Star Wars-themed concession items in Kampala Cafe, a ride on the Conservation Carousel to Star Wars music, and face painting. The animals will join in on the fun as they receive special Star Wars themed enrichment items throughout the day. Costumed characters are members of the 501st Legion, Central California Garrison and Rebel Legion, Endor Base, groups of Star Wars fans who contribute to the local community through costumed charity and volunteer work. Expected to appear are Darth Vader, Kylo Ren, Stormtroopers, Sandtroopers, Biker Scouts, and other Imperial characters. **Sacramento Zoo** [Land Park Drive and Sutterville Road](#), Sacramento, CA 95822. For more information call (916) 808-5888 or visit <http://www.saczo.org/StarWarsDay>



Tidbits!

~ Page 5 ~



April 30, 2016 - Family Fun Day and Health Fair

Come join Valley Hi Family Resource Center's 10th annual Family Fun Day and Health Fair. There will be fun for the whole family, games, face painting, free raffles, and lunch for the first 300 guest. Over 30 vendors with free or low cost services. **Mack Road Valley Hi Community Center** [7833 Center Pkwy](#), Sacramento, CA 95823. For more details call (916) 290-8286.

April 30, 2016 - One Party Gala

Enjoy a hosted bar, generous hors d'oeuvres, gourmet dinner and exciting entertainment as well as fun and games at the historic venue. Browse a stunning array of silent auction items and rare live auction experiences. This memorable evening will raise critical funds for diabetes research and attract more than 350 prominent guests, feature spectacular entertainment, live and silent auctions, and our signature Fund A Cure program. Mingle with Sacramento's who's who of many of the area's most prestigious organizations and businesses. **Memorial Auditorium** [1515 J Street](#), Sacramento, CA 95814. For more information call (916) 920-0790 or visit <https://jdrf-norcal.ejoinme.org/OneParty>

April 30, 2016 - Health Fair and Día del Niño (Kid Day)

This special day celebrating children will focus on healthy lifestyles and include fun art-making projects, live performances, and mural painting. Local high school students from the Youth Community Health Workers will provide health and nutrition information along with an array of resources offered by local health organizations. Live performances include ballet folklórico with Nube de Oro, a drum session with Fenix Dance and Drum Company, and a special family concert with Dinorah and Friends. **Maple Neighborhood Community Center** [3301 37th Avenue](#), Sacramento, CA 95824. For more information call (916) 452-3601 or visit <http://lafcc.org/event/dia-del-nino-kids-day/>

April 30, 2016 - Big Day of Giving Launch Party (BIG DoG 2016)

Join StudentReach as they gear up for the 2016 BIG Day of Giving. There will be live music, a tasty lunch catered by Rizo's, and you'll get to hear about what's new from StudentReach. There will also be the chance to win an adventure in Mexico. Last year StudentReach raised \$5,000 in 24 hours; this year you can help hope them exceed that. StudentReach provides services for at-risk, homeless, and refugee youth. **The Artisan Gallery** [1901 Del Paso Boulevard](#), Sacramento, CA 95815. For more information call (707) 333-9089 or visit

<https://www.eventbrite.com/e/the-studentreach-big-day-of-giving-launch-party-tickets-23305798270>

April 30, 2016—March For Babies

Location: Capitol Mall / Tower Bridge—Time: 9am

Join approximately 7,000 people as they take this annual walk to raise money to support programs and professional education for premature births and birth defects. There is a pre and post walk rally at the west steps of the State Capitol. The route takes participants from the west steps, westbound on Capitol Mall over Tower Bridge into West Sacramento and back over the bridge to the Capitol. SPD has been hired to facilitate the road closures. For more details visit

<http://walk.marchofdimes.org/march/bannerclick/ts2016m.asp?>

May 1, 2016 - Fiesta en la Calle: Cinco de Mayo Festival

Celebrate the Mexican holiday with great music, authentic food, art, and cultural performances by Yemaya Dance Co., Instituto Mazatlan Ballet Folklorico, and Mistura Brasileira Samba Dance Company. Bands Tierra, Solsa, Los de Abajo, and Sol Peligro will also take the Southside Park stage. There will also be an auto car show by Los Compadres Bombs. **Southside Park** [2115 6th Street](#), Sacramento, CA 95814. Admission is **FREE**. This event will take place from 11 am - 6 pm (Sun)

May 1, 2016—Pony Express Marathon

Time: 7am (full marathon, half marathon & relay) / 7:30am (5k run) / 8:30 (5k pony run)

Location: Capitol Mall, Old Sacramento, Miller Park, Land Park. This is a first-time event. All races start and finish on Capitol Mall. SPD has been hired to facilitate the road closures. For more information visit

<http://ponyexpressmarathon.com/>





May 3, 2016 - Sacramento History Museum Open House (BIG DoG 2016) Big Day of Giving

This Big Day of Giving, let the Sacramento History Museum say "Thank you," and show you what they are all about. Nibble on chocolates and cheeses, sip on a glass of wine or beer, learn about their tours and programs, or just enjoy the exhibits. Don't forget to support the Sacramento History Museum on the Big Day as they inspire and connect people through history. **Sacramento History Museum** [101 I Street](#), Sacramento, CA 95814. For more information call (916) 808-7059 or visit <http://sachistorymuseum.org/big-day-of-giving/>

May 3, 2016 - Pay What You Wish (BIG DoG 2016) Big Day of Giving

Join the California Automobile Museum as they celebrate their last Tuesday of being open to the public. In conjunction with Sacramento's Big Day of Giving, the museum will have a "pay what you wish" day for admissions; plus, they'll be scooping Vic's Ice Cream all day. Toss your donation into the box and honk a brass-era car horn to show how much you love classic cars and the museum. **The California Automobile Museum** [2200 Front Street](#), Sacramento, CA 95818. For more information call (916) 442-6802 or visit <http://www.calautomuseum.org/event/sacramentos-big-day-of-giving/>

May 3, 2016 - Kazuko Party and Open House (BIG DoG 2016) Big Day of Giving

Training Toward Self-Reliance (TTSR) has been providing vital services to adults with developmental disabilities for over 30 years. For the BIG Day of Giving, TTSR is hosting a Kazuko Party and open house. Come see what TTSR has been doing for the community and see how you can help. TTSR will provide light snacks, music, and tours of the facilities. The event is **FREE** and open to the public but donations are welcomed. **Training Toward Self Reliance** [620 Bercut Drive](#), Sacramento, CA 95811. For more information call (916) 442-8877 or visit <http://tsr.rocks/news/>

May 3, 2016 - Yappy Hour (BIG DoG 2016) Big Day of Giving

Join the Sacramento SPCA in celebrating the Big Day of Giving with a Yappy Hour at Oak Park Brewing Company. The SPCA will have adoptable dogs, raffle prizes, and even a singing St. Bernard. Plus, \$1 from every pint will benefit the Sacramento SPCA. Dogs are welcome on the outside patio. This event will be from 6pm-8pm. **Oak Park Brewing Company** [3514 Broadway](#), Sacramento, CA 95818. For more information call (916) 504-2808 or visit <https://www.facebook.com/events/928377263936621/>

May 4, 2016 - Light Sword Battle Sacramento 2016

Join in for this massive battle of space wizards vs. space warlocks in midtown Sacramento. Pick a side and use that venerable, ancient, glowing tool: the light sword, in the ultimate nocturnal showdown. The group will split into space warlocks (red swords) vs. space wizards (everyone else) and the battle will begin. **Fremont Park** [1515 Q Street](#), Sacramento, CA 95814. For more information visit <https://www.facebook.com/events/1542290866069096/>

May 4, 2016 - Wednesday Nooner: City of Trees Brass Band

Sacramento State's University Union UNIQUE Programs is pleased to announce a Wednesday Nooner concert featuring City of Trees Brass Band, a New Orleans funk and groove music group. While certainly influenced by purveyors of the New Orleans second-line style of jazz, City of Trees also cites less traditional acts like the Youngblood Brass Band and Hypnotic Brass Ensemble as sources of inspiration- groups from the Midwest that merge brassy jazz with hip-hop, gypsy rock and even punk. The result is an expectedly funky, yet unexpectedly contemporary party, with as many as 12 musicians grooving on trumpet, saxophone, trombone, sousaphone, and percussion instruments. This event is **FREE**. **Sacramento State (CSUS) - Union Serna Plaza** [6000 J Street](#), Sacramento, CA 95819. For more information call (916) 278-6997 or visit <https://theuniversityunion.com/unique>





May 5, 2016 - Standup Magician: Derek Hughes

Sacramento State's The University Union UNIQUE Programs is pleased to announce a stand-up magician show featuring Derek Hughes. Derek Hughes is a magician in demand. He's created original deception for MTV's Room 401, Justin Willman's YouTube series Magic Meltdown, and Michael Carbonaro's hilarious appearances as the Magic Clerk on The Tonight Show with Jay Leno. He was featured as a celebrity magic coach on the VH1 reality series Celebracadabra and appeared on Comedy Central's Gong Show. This is a **FREE** event. **Sacramento State (CSUS) - University Union** [6000 J Street](http://theuniversityunion.com/unique/event/derek-hughes), Sacramento, CA 95819. For more information call (916) 278-6997 or visit <https://theuniversityunion.com/unique/event/derek-hughes>

May 6, 2016 - Sacramento River Cats vs. Las Vegas 51s (Susacramento Shirt Giveaway)

Join the River Cats as they recognize a hometown favorite - Andrew Susac - with this unique Susacramento shirt giveaway. The first 1,500 fans through the gates at Raley Field will get to take home this one-of-a-kind shirt. **Raley Field** [400 Ballpark Drive](http://www.milb.com/schedule/index.jsp?sid=t105&m=5&y=2016), West Sacramento, CA 95691. For more information call (916) 376-4746 or visit <http://www.milb.com/schedule/index.jsp?sid=t105&m=5&y=2016>

May 6, 2016 - Concerts in the Park 2016: James Cavern

Turning up the volume for 25 years! Grab a beer and join Downtown Sacramento's largest outdoor happy hour Friday evenings at Cesar Chavez Plaza! Stay social at Concerts in the Park! Use the hashtags #CIP2016 #Cheers25Years every Friday night! This is a **FREE** event. **Cesar Chavez Plaza** [910 I Street](http://godowntownsac.com/events/signature-events/concerts-in-the-park/), Sacramento, CA 95814. For more information call (916) 442-8575 or visit <http://godowntownsac.com/events/signature-events/concerts-in-the-park/>

May 6 - May 7, 2016 - Trains and Tripods: Photo Opportunity and Lighting Seminar

Lights, camera, action! California State Parks and the California State Railroad Museum are proud to offer a two-part Trains and Tripods class for photographers. The unique program starts with an optional, fast-paced and information-packed seminar about existing light photography on Friday evening that will be conducted by former The Sacramento Bee photographer and Canon USA Live Learning Instructor Dave Henry. Then on Saturday morning, a photographers-only "bring your own tripod" photo workshop will take place inside the visually-enticing museum on Saturday morning (before it opens to the public for the day). This two-part special program is designed for amateur photographers interested in understanding more about lighting techniques and also taking advantage of a rare opportunity to photograph amazing locomotives in a closed and controlled environment. **California State Railroad Museum** [125 I Street](http://www.csrnf.org/component/content/article/73-whats-new/300-lights-camera-action-special-trains-a-tripods-photo-opportunity-a-lighting-seminar), Sacramento, CA 95814. For more information call (916) 323-9280 or visit <http://www.csrnf.org/component/content/article/73-whats-new/300-lights-camera-action-special-trains-a-tripods-photo-opportunity-a-lighting-seminar>

May 7, 2016 - 20th Annual Race for the Cure

The Race for the Cure is the enduring symbol of the fight against breast cancer. This year marks the 20th Annual Race for the Cure in the Sacramento region. Since the initial race, \$19 million dollars has been granted to deserving local programs serving 19 counties. This year's theme, There's a Hero in All of Us, celebrates participants--survivors, teams, individuals and sponsors--each who help Komen Sacramento move one step closer to ending breast cancer. **Cal Expo** [1600 Exposition Boulevard](http://sacramento.info-komen.org/site/TR?fr_id=6252&pg=entry), Sacramento, CA 95815. For more information call (916) 231-3148 or visit http://sacramento.info-komen.org/site/TR?fr_id=6252&pg=entry

May 7, 2016 - Derby Day 2016: Hats On for the Kids

Don't miss this signature event celebrating the 142nd Kentucky Derby locally; all while helping Lilliput ensure every foster child is given the opportunity to be part of a safe, nurturing, lifelong family. Known as "The most exciting two minutes in sports," the Kentucky Derby party draws a diverse audience of horse racing enthusiasts. At Lilliput's Derby Day 2016: Hats On for the Kids fundraiser, attendees will meet at Mulvaney's to enjoy the race along with some wonderful culinary offerings. **Mulvaney's B & L** [1215 19th Street](http://www.lilliput.org/derbyday.aspx), Sacramento, CA 95814. For more information call (916) 678-7250 or visit <http://www.lilliput.org/derbyday.aspx>



May 7, 2016 - The Broadway Gala

The Broadway Gala celebrates the tradition of Broadway musical theatre that has thrilled audiences worldwide for nearly 100 years and in Sacramento for over 65 years at Music Circus and Broadway Sacramento. The evening will consist of a hosted-bar reception and gourmet dinner, featured performances from a nationally-recognized Broadway singer and participants of the CMT Academy programs, and dancing to a live band, all in an elegant and theatrical atmosphere. **Memorial Auditorium** [1515 J Street](#), Sacramento, CA 95814. For more information call (916) 446-5880x108 or visit <http://www.californiamusicaltheatre.com/events/the-broadway-gala/>

May 7, 2016 - Mother's Pampering Event (Old Sacramento Chocolate Week)

Both mothers and moms-to-be are invited to enjoy an afternoon of pampering at Ana Apple. Each participant will receive a batch of gourmet sweets and also indulge in a relaxing chair massage, a beauty bar, or mini-photo session. Moms will also enjoy refreshments, raffle prizes, and shopping specials all day, including a few surprises. This event is **FREE** and is part of Old Sacramento Chocolate Week. **Ana Apple** [114 K St](#) Sacramento, CA 95814. For more information call (916) 442-8575 or visit <http://oldsacramento.com/special-events/chocolate>

May 7, 2016 - Fire Station Open House: Station 2

Bring your families and come on out to your local fire station. Meet the firefighters and medics who protect your neighborhood; tour the station; pick up some safety brochures; and take an up-close look at the trucks, engines, ambulances, equipment, and gear that your first responders use every day. This event is **FREE** and is part of the Fire Station Open House series. **City of Sacramento Fire Station 2** [1229 I Street](#), Sacramento, CA 95814. For more information call (916) 808-1011 or visit <http://www.cityofsacramento.org/fire/about/station-information>

May 7, 2016 - Sacramento River Cats 51s: Hispanic Heritage Night and Grand Slam For Foster Youth Celebration

Join in to celebrate the Sacramento region's Hispanic community with a special fiesta-filled night. As a part of Hispanic Heritage night at Raley Field, the River Cats will take the field in stunning "Halfway to Dia de los Muertos" sugar skull jerseys. These jerseys will be auctioned off during the game and proceeds will benefit iFoster. The game celebrates the one year anniversary of the iFoster Jobs Program with its Partner Raley's, which successfully trains local foster youth for jobs in the grocery industry. Come cheer on the River Cats and help our local Foster Youth become successful, independent adults. **Raley Field** [400 Ballpark Drive](#), West Sacramento, CA 95691. For more information call (916) 376-4746 or visit <http://www.milb.com/schedule/index.jsp?sid=t105&m=5&y=2016>

May 7, 2016 - Book Give –A-Way

The City of Sacramento-Neighborhood Service Division in partnership with Reading Partners will be hosting the **FREE** Book Give A Way event . This event will have books for kids of all ages and will run from 10am-1pm. **Oak Park Community Center** [3415 Martin Luther King Jr. Boulevard](#), Sacramento, ca 95717. For more details call (916) 808-6789.

May 7, 2016—Block Party

The Crocker Art Museum is throwing a party — a block party that is! Yes, the museum known for amazing festivals and blockbuster events is being joined by artists, musicians, community groups, dancers, DJs, urban gardeners, poets, performers, culinary artists, and creative souls for a party you will not soon forget. Join us at this **FREE** community event, and be blown away by a multi-sensory experience with great food, once-in-a-moment art, friends, and entertainment for the whole family. This event will be from 12pm-7pm. **Grant Union High School** [1400 Grand Avenue](#), Sacramento CA 95838. For more details call (916) 808- 1059 or visit <http://crockerblockbyblock.org/event/the-block-party-district-2/>





CROCKER
art museum

May 2016 Tidbits

May 2016

Exhibitions, Events, and Programs at the Crocker Art Museum

CONTINUING EXHIBITIONS

“Back to Life: Bay Area Figurative Drawings”

October 10, 2015 through May 1, 2016

In 1953, the young painters David Park, Elmer Bischoff and Richard Diebenkorn began meeting weekly in a Berkeley studio to draw from live models. In works on paper, they imbued the human form with the charged emotion newly derived from the bold and swift marks of gestural Abstract Expressionism that emerged in their paintings of figures, still lifes, and landscapes. The expressive rendering of subject matter forged in Northern California became known as Bay Area Figuration, and for the first time, the vanguard of American painting was here, rather than New York. The drawing sessions begun by this circle of intimates continued throughout the 1950s and 1960s, widening to include artists such as James Weeks, William Theophilus Brown, Paul Wonner, and later, Frank Lobdell, Nathan Oliveira, and Manuel Neri. The primacy each placed on the study of the human figure is evident in this selection of more than 30 drawings, including major gifts from the estate of John S. Knudsen. Additional works by Joan Brown and Wayne Thiebaud highlight the growing influence of Californian artists in these decades.

“Ai Weiwei: Circle of Animals/Zodiac Heads”

January 24 through May 1, 2016

Internationally acclaimed Chinese artist Ai Weiwei’s monumental zodiac animal heads reinterpret those that once adorned the famed 18th-century fountain-clock of the Yuanming Yuan (Old Summer Palace), an imperial retreat outside Beijing. In 1860, the Yuanming Yuan was ransacked by French and British troops, and the heads were pillaged. In creating contemporary versions of these 12 Chinese zodiac animals on an oversized scale, Ai Weiwei focuses attention on issues of the repatriation while extending his ongoing exploration of what constitutes Chinese art and identity. His first major public sculpture project, “Circle of Animals/Zodiac Heads” is accompanied by supplemental historical material concerning the emperor's fountain, along with a behind-the-scenes look at the making of the bronzes. “Circle of Animals/Zodiac Heads” is a collaborative project of the artist, his studio, and AW Asia in New York.

Crocker Art Museum – May 2016 Tidbits

“Andy Warhol: Portraits”

March 13 through June 19, 2016

Andy Warhol’s lifelong fascination with celebrity and the art of portraiture is examined in this exhibition featuring 160 paintings, drawings and fashion sketches, photo-booth film strips, Polaroids, photographs, and personal memorabilia. From early fashion sketches to Warhol’s revolutionary use of media images, the power of the Warhol portrait is traced, revealing how the artist transformed this genre into *the* status symbol of an era.

“Andy Warhol: Portraits” includes examples of Warhol’s self-portraits, in addition to a broad sampling of the 20th-century luminaries who eagerly sat for him. Among the diversity featured here are the fashion icon Yves Saint Laurent, playwright Tennessee Williams, Pulitzer-prize winner Truman Capote, artists Keith Haring, Robert Mapplethorpe, and Jean-Michel Basquiat, and actors Judy Garland, Jane Fonda, and Sylvester Stallone. Evoking the experience of Warhol’s Factory, visitors have the interactive opportunity to make their own “Screen Test,” bringing to life and making personal a related aspect of Warhol’s portraiture.

“Andy Warhol: Portraits” is organized by The Andy Warhol Museum, one of the four Carnegie Museums of Pittsburgh.

STUDENT & COMMUNITY EXHIBITION

“High School Self-Portrait Show”

April 7 through May 22, 2016

Comprised of artworks in diverse media, this exhibition presents an exploration of self. A longtime Sacramento tradition, the Crocker Art Museum is honored to showcase the self-portraits of high school artists within our region in collaboration with Chalk it Up! and Christian Brothers High School.

CONCERTS, FILMS, & SPECIAL EVENTS

Classical Concert: The Sacramento Philharmonic & Opera Brass

Sunday, May 8, 3 p.m.

To celebrate Mother’s Day, bring the whole family together for this fun and engaging afternoon with the Sacramento Philharmonic & Opera Brass band. In a program designed to inspire music appreciation and practice in children, the Opera & Brass will have everyone bopping in their seats. A question-and-answer period will follow for children to ask the musicians questions about their instruments and experiences. Space is limited, and this concert is expected to sell out. \$6 Museum members, \$10 student/youth/Capital Public Radio members, \$12 nonmembers. Tickets may be purchased at crockerartmuseum.org or at the Museum admission desk. This concert is part of the Crocker’s monthly Classical Concert series with Prelude Tours preceding the concert at 1 & 2 p.m.

ASG Evaluation Day

Tuesday, May 10, 10 a.m. – 4 p.m.

The Art Service Group (ASG) sponsors art and antique evaluation days focusing on a variety of collecting areas. Informal appraisals (verbal approximation of value) are \$12 per item, or \$55 for five items. Appointments are required. For information regarding featured collecting areas and appointments, call (916) 808-7752 or visit crockerartmuseum.org.

Art Mix | Bike Funk-o-Rama

Thursday, May 12, 5 – 9 p.m.

Celebrate Sacramento’s Bike Month in funk fashion. Create pedal-powered art, check out customized rides, and be wowed by a Marcel Duchamp-inspired, bike-propelled movie from Kelly O’Connell. Spoke-tacular bike experts will be on hand to keep you riding right. This event for guests 21+ is free for Museum members and free with general admission for nonmembers. Enjoy food and drink discounts during happy hour from 5 – 6 p.m and \$5 drink specials all night. Tickets may be purchased at crockerartmuseum.org or at the Museum admission desk. Art Mix takes place every second Thursday of the month.

Crocker Art Museum – May 2016 Tidbits

TOURS & TALKS

Where's Warhol

Thursday, May 6, 6 p.m.

Join us for an interactive tour through the Crocker's permanent collection to explore artists who influenced or were influenced by the art and innovations of Andy Warhol. Where did his obsession with celebrity originate? How did his graphic design background influence his work? And why has he remained one of the key artists of the modern era? Inspired by the Crocker's exhibition "Andy Warhol: Portraits," this program will entice you to learn and share your own ideas about the artist. Space is limited, so advance registration is recommended. Free for Museum members, \$10 nonmembers. Tickets may be purchased at crockerartmuseum.org or at the Museum admission desk.

Lunch & Learn

Tuesday, May 3, 12 p.m.

Join an in-depth examination of "Wall Flower" by Tip Toland. Before or after the 30-minute gallery conversation, take time to enjoy lunch at the Crocker Cafe by Supper Club. Free for Museum members, and free with general admission for nonmembers. Admission prices are located at crockerartmuseum.org.

Highlight Tour

Saturdays, May 7, 14, 21, 28; 11 a.m., 12, 1 & 2 p.m.

Sundays, May 1, 8, 15, 22; 11 a.m., 12, 1 & 2 p.m.

Discover the essence of the Crocker's permanent collection in this introductory tour of the Museum. Free for Museum members and free with general admission for nonmembers. Admission prices are located at crockerartmuseum.org.

Art Rx

Saturday, May 14, 11 a.m.

Free for Everyone

Individuals with chronic pain along with family/caregivers are invited to enjoy facilitated group conversations about select pieces of art with a trained docent. The goal of Art Rx is to encourage positive experiences that reduce the burden of chronic pain. No prior art knowledge is necessary. Advanced registration is required and is available at crockerartmuseum.org. Call (916) 808-1962, or email education@crockerartmuseum.org with questions. Art Rx is presented in collaboration with the Center for Pain Medicine's Integrative Pain Management Program, part of the UC Davis Health System.

New on View Tour

Thursdays, May 5 & 26, 6:30 p.m.

Saturday, May 14, 3 p.m.

Never the same tour twice, the New on View Tour dives into the Crocker's latest special exhibitions and newest works of art. Free for Museum members and free with general admission for nonmembers. Admission prices are located at crockerartmuseum.org.

Prelude Tour

Sunday, May 8, 1 & 2 p.m.

In honor of Mother's Day, enjoy a docent-led tour of family-themed works in the Crocker's permanent collection in advance of a performance by the Sacramento Philharmonic & Opera Brass. Prelude Tours are open to all visitors and are free for Museum members and free with general admission for nonmembers. Admission prices are located at crockerartmuseum.org.

Crocker Art Museum – May 2016 Tidbits

Crocker History Tour

Sunday, May 15, 12 – 1 p.m.

Learn about the Crocker family and the era during which they lived as you journey back in time on this history-infused gallery tour. Free for Museum members and free with general admission for nonmembers. Admission prices are located at crockerartmuseum.org. The Crocker History Tour runs December through May.

Meet Me at the Museum

Tuesday, May 17, 10:30 a.m.

Art observation and conversation serve as a gateway to memories and social interaction during this tour designed for visitors living with dementia and Alzheimer's. Free for everyone. Advance registration is required. To register or for more information, contact Tiffany Paige at (916) 792-3281 or Paige@artzalz.org. This tour takes place every third Tuesday of the month.

Gallery Bites

Tuesday, May 17, 12 p.m.

Take an in-depth look at the Crocker's outdoor sculpture featured during this 30-minute tour. Learn fascinating details about a different gallery each month. Free for Museum members and free with general admission for nonmembers. Admission prices are located at crockerartmuseum.org. This tour takes place every third Tuesday of the month.

SketchCrawl

Thursday, May 26, 6 p.m.

Inspired by Enrico Casarosa's worldwide SketchCrawl activities, the Crocker is hosting its 5th annual SketchCrawl. The concept is simple: three drink spots, three art lessons, all fun! Before each lesson, grab a sample of beer and wine, curated by the Crocker Cafe by Supper Club. At the end of the night, we'll share our creations and have a Q&A with the artists. No experience necessary, and supplies are included. \$20 Museum members, \$25 nonmembers. Tickets may be purchased at crockerartmuseum.org or at the Museum admission desk.

YOUTH & FAMILY PROGRAMS

Kids & Company Gallery Adventure

Sundays, May 1 & 15, 10:30 – 11:30 a.m.

Amusing and educational, this tour is the perfect way to introduce art to children ages 5 and older (and the adults who tag along with them) in a fun and playful manner. Free for Museum members and free with general admission for nonmembers. Admission prices are located at crockerartmuseum.org. This program takes place every first and third Sunday of the month.

Artful Tot

Tuesday, May 3, 10:30 a.m. – 12 p.m.

Every month, toddlers explore art-making with different materials in new ways, from printmaking and color mixing to clay and fabric. Adults learn how to encourage experimentation and self-expression while nurturing their child's creativity. Families are welcome to arrive anytime during this drop-in program. Please dress for mess. This program is for children from 19 to 36 months old and their caregivers. \$7 Museum members, \$10 nonmembers (includes one child and one adult), \$5 per additional person. Fees include Museum admission. Tickets may be purchased at crockerartmuseum.org or at the Museum admission desk. This program takes place every first Tuesday of the month.

Crocker Art Museum – May 2016 Tidbits

Wee Wednesday

Wednesdays, May 4, 11, 18, 25, 10:30 & 11 a.m.

Bring your little one and yourself to this gallery-based art experience for children ages 3 to 5. The adventure begins in Tot Land with groups leaving at 10:30 and 11 a.m. Free for Museum members and free with general admission for nonmembers. Admission prices are located at crockerartmuseum.org. This program takes place every Wednesday of the month.

Homeschool Adventure: Sacramento Philharmonic & Opera Brass

Sunday, May 8, 3 p.m.

To celebrate Mother's Day, bring the whole family together for this fun and engaging afternoon with the Sacramento Philharmonic & Opera Brass band. In a program designed to inspire music appreciation and practice in children, the Opera & Brass will have everyone bopping in their seats. A question-and-answer period will follow for children to ask the musicians questions about their instruments and experiences. \$6 Museum members, \$10 student/youth/Capital Public Radio members, \$12 nonmembers. Register at crockerartmuseum.org or at the Museum admission desk.

Baby Loves Art

Tuesday, May 17, 10:30 – 11:30 a.m.

Baby Loves Art engages babies (up to 18 months old) in a visually stimulating gallery walk and gives parents and caregivers a fun opportunity to connect with their babies and each other. All baby noises are expected and welcome. For the best art view, front carriers are recommended. Strollers are allowed, but please no backpacks. Meet at the admission desk; no advance registration required. Free for Museum members and free with general admission for nonmembers. Admission prices are located at crockerartmuseum.org. This program takes place every third Tuesday of the month.

Sketch It

Sunday, May 22, 11 a.m. – 1 p.m.

Visitors ages 5 and older can sketch at their own pace while receiving drawing instruction. This drop-in program meets in a different gallery each month. No experience necessary, and all supplies are provided. Free for Museum members and free with general admission for nonmembers. Admission prices are located at crockerartmuseum.org. This program takes place every fourth Sunday of the month.

Familypalooza

Sunday, May 29, 11 a.m. – 3 p.m.

Free for Everyone

The Museum is open and free from 10 a.m. – 5 p.m.

It's time for Familypalooza, the Crocker Art Museum's FREE annual family festival designed for all ages. Inspired this year by Dr. Seuss' Whoville, the Museum will become an enchanting, colorful land designed to excite and delight. Enjoy games of skill and games for thrill! Vegetable Circus will get you to dance and sing while Mad Science will show you the how and why of things. Familypalooza is sponsored by Raley's Family of Fine Stores.

The **Crocker Art Museum** was the first public art museum in the Western U.S. and is one of the leading art museums in California today. The Museum offers a diverse spectrum of special exhibitions, events, and programs to augment its collections of Californian, European, Asian, African and Oceanic artworks, and international ceramics. The Crocker is located at 216 O Street in Downtown Sacramento. Museum hours are 10 a.m.–5 p.m., Tuesday–Sunday; 10 a.m.–9 p.m., Thursdays. Every third Sunday of the month is "Pay What You Wish Sunday" sponsored by Western Health Advantage. For more information, call (916) 808-7000 or visit crockerartmuseum.org.

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CROCKER
art museum

Sacramento Fire Department 2016 Open House Schedule

All Open House Events run from 2:00 to 4:00 PM on Saturdays

<i>Date</i>	<i>Fire Station</i>	<i>Address</i>
May 7	Station 2	1229 I Street
May 14	Station 6	3301 MLK Jr. Blvd.
May 21	Station 1	624 Q Street
June 4	Station 4	3145 Granada Way
June 11	Station 5	731 Broadway
June 18	Station 8	5990 H Street
June 25	Station 18	746 North Market Blvd.
July 9	Station 12	4500 24 th Street
July 16	Station 10	5642 66 th Street
July 23	Station 13	1100 43 rd Avenue
July 30	Station 11	785 Florin Road
August 6	Station 7	6500 Wyndham Drive
August 13	Station 30	1901 Club Center Drive
August 20	Station 16	7363 24 th Street
August 27	Station 15	1591 Newborough Drive
September 10	Station 19	1700 Challenge Way
September 17	Station 20	2512 Rio Linda Blvd.
September 24	Station 17	1311 Bell Avenue
October 1	Station 57	7927 East Parkway
October 8	Station 43	4201 El Centro Road
October 15	Station 56	3720 47 th Avenue
October 22	Station 60	3301 Julliard Drive

For more information, please call 916-808-1011.

City of
SACRAMENTO
Fire Department

Public Service Announcement for Power Inn District



ROAD CLOSURES

Beginning April 18, Union Pacific will be closing roads at the railroad crossings to replace old rail lines. Roads will be closed to all through traffic, including pedestrians and bicyclists, in both directions. Work will include new road paving, making smoother crossings.

Please plan your routes around the following schedule (may be subject to change):

April 18 - 23	14th Avenue (west of Power Inn Road)
April 25 - 30	Power Inn Road (between 21st Avenue and Fruitridge Road)
May 2 - 7	Fruitridge Road (east of Power Inn Road)
May 9 - 14	Elder Creek Road (east of Power Inn Road)

2016 Summer Oasis

\$75 per 4 Week Session

MON—FRI • 9am—1pm

Each location must have a minimum of 100 to operate

1st-6th Graders come and enjoy the fresh outdoors this Summer! Hang with your friends while participating in a variety of activities including: crafts, sports, physical fitness, and games! This summer the program is offered in 2 - four week sessions.

If you would like all 8 weeks, please remember to sign up for both sessions.

Come on out and just have some FUN!!!

Regency Park

5500 Honor Pkwy

Course # 160574

June 6—July 1

Course # 161276

July 5—July 29

Marriott Park

1235 Grand River Dr.

Course # 160573

June 20—July 15

Course # 161273

July 18—August 12

E. Portal Park

1120 Rodeo Way

Course # 160575

June 20—July 15

Course # 161277

July 18—August 12

W. Land Park

12th Ave & E. Park Rd.

Course # 160576

June 20—July 15

Course # 161278

July 18—August 12

Camp Info: This is an outdoor camp, please send your child with sunscreen, snack/lunch and water bottle. Tennis shoes are required. Do not send participants with electronic devices, toys or games. Activities are planned on a weekly basis with the participants interests taken into consideration. All participants are encouraged to participate in all activities.

For program information, please call 808-6433.

All programs subject to close if minimum is not met.

Pre-registration required. All Programs closed, 7/4.

Registration begins April 1st.

Registration online at: <http://www.cityofsacramento.org/ParksandRecRecreation>
or at

S. Natomas CC, 2921 Truxel Rd (M-Th)

Coloma CC, 4623 T St (M-Th)

Pannell CC, 2450 Meadowview Rd (M,W-F)



Valley Hi

WALKING CLUBS

Mesa Grande Park

4325 Valley Hi Drive, Sacramento, CA 95823

Valley Hi Park

8185 Center Parkway, Sacramento, CA 95823

***WALK** safely and comfortably!
GET TO KNOW your neighbors!
TAKE HOME a bag of **FREE** fresh
produce from the Sac Food Bank!*

EVERY SATURDAY
MG: 9-10 a.m.
VH: 9:30-10:30 a.m.

For more information, contact: Marissa Munzing at (916) 556-3344 or mmunzing@healthedcouncil.org



Spring: An ideal time to make neighborhood connections

Springtime finds us all outdoors more: working in the yard, sitting on the porch, washing the car, and walking the dog. This is a great time to renew acquaintances with neighbors, especially those who are older and may not get out as much. Caring Neighborhoods is an awareness-building program of the City of Sacramento's Older Adult Services division that focuses on those older adults who could use a little support to continue to live safely and independently in their familiar home and neighborhood.

Get Acquainted

More people are living longer and choosing to stay in their homes as long as possible. But this can lead to loneliness and isolation when people become disconnected from others due to limited mobility, loss of life-long friends, or limited family support.

Next time you are out in the neighborhood that you call home, how about taking a look around and connecting with your older neighbors with a friendly visit, sharing spring flowers, and maybe even offering a little help with minor yard or household tasks?

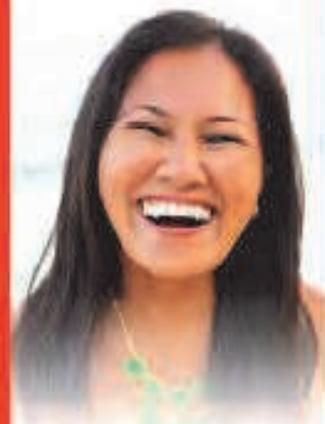
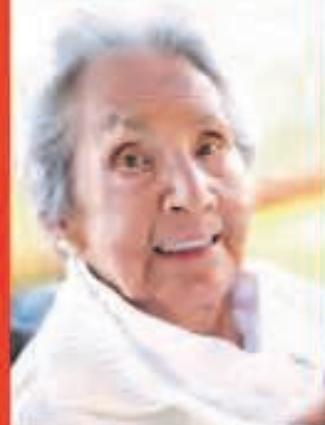
Be the Link

In addition to making neighborly connections right on your block, Older Adult Services offers many programs that can help alleviate such isolation and promote healthy aging. However, many people could use someone to help them connect to our services. Sometimes a neighbor can provide that link by sharing information or by offering a ride to the Hart Senior Center's many activities or week-day lunch program.

These are just a few ideas from Caring Neighborhoods to consider this spring as the warm weather invites us all to spend more time outdoors.

To learn more about promoting healthy aging in your community, check our website: www.AgeTogetherNow.org.

For ideas about connecting your older neighbors to our many on-site activities, please have a look at the Hart Senior Center's program here: www.cityofsacramento.org/hartcenter.



**Friendship
never
gets old.**

**Discover
simple ways
to make yours
a more caring
neighborhood.**



JOIN US FOR
**CITY HALL IN YOUR
NEIGHBORHOOD**
in Valley Hi

2016 Office Hours are
2pm - 3pm every 4th Friday*:

- FEBRUARY 26TH
- MARCH 25TH
- APRIL 22ND
- MAY 27TH
- JUNE 24TH
- JULY 22ND
- AUGUST 26TH
- SEPTEMBER 23RD
- OCTOBER 28TH
- NOVEMBER 18TH*

*Note date change in observance
of Thanksgiving

PRAIRIE ELEMENTARY SCHOOL
5251 VALLEY HI DRIVE

Questions?

Comments?

Or if you just want to say, "Hi!"

Office Hours are a perfect time to stop by
and meet with Councilmember Jennings
and/or his staff.

Councilmember Rick Jennings — Sacramento City Council, District 7
916-808-7007 — rjennings@cityofsacramento.org



City of
SACRAMENTO

COUNCILMEMBER

RICK JENNINGS

District 7

**OFFICE
HOURS**



City of
SACRAMENTO

COUNCILMEMBER
RICK JENNINGS

District 7
OFFICE HOURS

**JOIN US FOR
CITY HALL IN YOUR
NEIGHBORHOOD
in Pocket-Greenhaven**

2016 Office Hours are
6pm - 7pm every 3rd Thursday*:

- | | |
|----------------------------|------------------|
| • FEBRUARY 18TH | • JULY 21ST |
| • MARCH 17TH | • AUGUST 18TH |
| • APRIL 14TH | • SEPTEMBER 15TH |
| • MAY 18TH (WEDNESDAY*) | • OCTOBER 20TH |
| • JUNE 16TH | • NOVEMBER 17TH |

ROBBIE WATERS POCKET-GREENHAVEN LIBRARY
7335 GLORIA DRIVE

Questions?
Comments?
Or if you just want to say, "Hi!"
Office Hours are a perfect time to stop by
and meet with Councilmember Jennings
and/or his staff.

Councilmember Rick Jennings — Sacramento City Council, District 7
916-808-7007 — rjennings@cityofsacramento.org

Free Tri-tip & Chicken Lunch for first 300 attendees!

THE 10th ANNUAL FAMILY FUN DAY 2016 & Health Fair



April 30, 2016

10:00-4:00 PM

Valley Hi Mack Road
Community Center

7833 Center Parkway

Sacramento, CA 95823

For any questions, please call 916-290-8281.

Please note: for safety reasons, Children must attend with a parent or guardian.



Family Fun Day is sponsored in part by the Valley Hi Family Resource Center Birth & Beyond Program, First 5 Sacramento Commission, District 7, St. Luke's Lutheran

Family & Neighborhood Resources
Cooking Demos
Bounce Houses

School Information,
Health Information
Health Screenings

Face Painting Bke Safety- Free Helmets FREE Raffle

Diversión Familiar y Feria de Salud Anual

10^o Año

Fecha: sábado, 30 de abril del 2016

Hora: 10:00 a.m. a 1:00 p.m.

Lugar: Valley Hi Mack Rd. Community Center
7833 Center Parkway, Sacramento, CA 95823

- ¡Este evento es GRATIS para toda la familia!
- Por razones de seguridad, todos los niños deben de ser acompañados por un padre o guardián.

¡Comida gratis para las primeras 300 personas!

Actividades incluyen:

- Registro de Preescolar y Jardín de Niños
- Juegos y Manualidades
- Exámenes de Salud
- Pintura de Cara
- Información de Salud
- Recursos de Comunidad

SPANISH

Ngày Vui Cho Gia Đình & Hội Chợ Y Tế

Thường Niên Lần Thứ Tám

Ngày: Thứ Bảy, ngày 30 tháng 4, năm 2016

Giờ: 10:00 am – 1:00 pm

Địa Điểm: Valley Hi Mack Rd. Community Center
7833 Center Parkway
Sacramento, CA 95823

Đây là một dịp vui chơi miễn phí dành cho mọi lứa tuổi trong gia đình!

Vì lý do an toàn, tất cả trẻ em phải có phụ huynh hoặc người giám hộ đi kèm.

Có bữa ăn trưa miễn phí bữa ăn trưa dành cho 300 người đến đầu tiên!

Các Sinh Hoạt gồm có:

Ghi danh vào học lớp tiền mẫu giáo và lớp mẫu giáo

Các trò chơi và các hàng thủ công

Khám sức khỏe tổng quát

Vẽ mặt

Tin Tức về Y Tế

Nhưng Nguồn Tài Nguyên trong Cộng Đồng

VIETNAMESE

Zaum 10th ib xyoos muaj ib hnuv raus tsev neeg tuaj uasi & Health Fair (kev noj qab nyob zoo).

Hnuv: Saturday April 30, 2016

Sij Hawm: 10:00 AM mus txog 1:00 PM

Qhov chaw: Valley Hi Mack Rd. Community Center
7833 Center Parkway
Sacramento, CA 95823

- Qhov kev lomzem no muaj dawb pub raus txhuas tsev neeg!
- Koom txhob muaj teeb meem, txhuas tus menyuam tuaj koom yuav tsum muaj niambiv los yog tus saib xyuas nrog tuaj.

Muaj sus pub dawb raus thawj 300 tus uas xub tuaj koom!

Kev lomzem muaj lis no:

- Muaj chaw sau npe kawm ntawv rau cov menyuam yauv kawm Preschool thaib Kindergarten.
- Muaj kos duab thiab Games
- Muaj tshuaj xyuas kev mob nkeeg (Health Screenings).
- Muaj ko neeg duab (Face Painting)
- Muaj kev qhia trog kev mob nkeeg (Health Information)

HMONG



TRES HERMANES SALSA

for kids

Saturday, April 30th @ 3:00pm

Three sisters, or “tres hermanas,” is a traditional Mexican trio of corn, squash and beans. Learn why these foods go together, and how to pronounce each word in Spanish. Make a tres hermanas salsa that’s muy delicioso! Kids will take home the recipe. We will read *Abuela* by Arthur Dorros. Everyone who attends the El día de los Niños/El día de los Libros program will receive a free book to take home.

Tres hermanas, o “three sisters,” es el trio tradicional mexicano de maíz, calabaza y frijol. Aprende por qué estos alimentos son combinados, y cómo pronunciarlos en español. ¡Haz una salsa de tres hermanas que es muy deliciosa! Los niños se llevarán a casa la receta. Leeremos el libro *Abuela* por Arthur Dorros. Todos en asistencia al programa El día de los Niños/El día de los Libros recibirán un libro gratis que pueden llevar a casa.

★ Health Information ★ Barbecue ★



No Health Insurance?
Learn about the Affordable Care Act and eligibility with Covered California and Sacramento Covered at this event!
Covered California 1(800) 300-1506
Sacramento Covered 1(866) 850-4321



10th Annual

Family Fun Day & Health Fair

Free tri-tip and chicken lunch for first 300 attendees!

April 30, 2016

10:00am to 1:00pm

St. Andrew Lutheran Church

7839 Center Parkway

Sacramento, CA 95823

Free Raffle

~For safety reasons, children must attend with a parent or guardian~



Family Fun Day is sponsored in part by the Valley HI Family Resource Center Birth & Beyond Program, First 5 Sacramento Commission

★ Bounce Houses ★ Huge Raffle ★

★ Family & Neighborhood Resources ★ Cooking Demos

★ School Information ★ Health Screenings

**Diversión Familiar y Feria de Salud Anual
8' Ano**

Fecha: sábado, 30 de abril del 2016
Hora: 10:00 a.m. a 1:00 p.m.
Lugar: St. Andrew Lutheran Church
7739 Center Parkway, Sacramento, CA 95823

- **¡Este evento es GRATIS para toda la familia!**
- Por razones de seguridad, todos los niños deben de ser acompañados por un padre o guardián.

¡Comida gratis para las primeras 300 personas!

Actividades incluyen:

- Registro de Preescolar y Jardín de Niños
- Juegos y Manualidades
- Exámenes de Salud
- Pintura de Cara
- Información de Salud

SPANISH

**Ngày Vui Cho Gia Đình & Hội Chợ Y Tế
Thường Niên Lần Thứ Tám**

Ngày: Thứ Bảy, ngày 30 tháng 4, năm 2016
Giờ: 10:00 am – 1:00 pm
Địa Điểm: Nhà Thờ: St. Andrew Lutheran Church
7739 Center Parkway
Sacramento, CA 95823

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Vì lý do an toàn, tất cả trẻ em phải có phụ huynh hoặc người giám hộ đi kèm.

Có bữa ăn trưa miễn phí bữa ăn trưa dành cho 300 người đến đầu tiên!

Các Sinh Hoạt gồm có:

Ghi danh vào học lớp tiền mẫu giáo và lớp mẫu giáo

Các trò chơi và các hàng thủ công

Khám sức khỏe tổng quát

Vẽ mặt

Tin Tức về Y Tế

Nhưng Nguồn Tài Nguyên trong Cộng Đồng

VIETNAMESE

**Zaum 8th ib xyoos muaj ib hnub raus tsev neeg tuaj uasi
& Health Fair (kev noj qab nyob zoo).**

Hnub: Saturday April 30, 2016
Sij Hawm: 10:00 AM mus txog 1:00 PM
Qhov chaw: St. Andrew Lutheran Church
7739 Center Parkway
Sacramento, CA 95823

- Qhov kev lomzem no muaj dawb pub raus txhuas tsev neeg!
- Kom txhob muaj teeb meem, txhuas tus menyuam tuaj koom yuav tsum muaj niamtxiv los yog tus saib xyuas nrog tuaj.

Muaj sus pub dawb raus thawj 300 tus uas xub tuaj koom!

Kev lomzem muaj lis no:

- Muaj chaw sau npe kawm ntawv rau cov menyuam yauv kawm Preschool thaib Kindergarten.
- Muaj kos duab thiab Games
- Muaj tshuaj xyuas kev mob nkeeg (Health Screenings).
- Muaj ko neeg duab (Face Painting)
- Muaj kev qhia txog kev mob nkeeg (Health Information)

HMONG



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUPER

HEALTHY KIDS DAY® is all about building on the "SUPER" factor inside every kid...whoever they are and wherever they're from. So come to **HEALTHY KIDS DAY®** for a day of creative, challenging, smart, healthy fun and watch the "SUPER" in your kid come out.

Join the Y for Healthy Kids Day!

Activities include:

- Bounce House
- Camp Games
- Fire Truck
- Arts and Crafts
- Healthy Snacks

And So Much More!

Thanks to our sponsor



HEALTHY KIDS DAY IS HERE!
APRIL 30
10am - 12pm

FREE Community Event!

Sacramento Central YMCA
2021 W Street

Join the Y community during our Healthy Kids Day event and pay no joining fee!

Priority Registration
For our Youth Summer Basketball League will be available during the event.

Sacramento Central YMCA
YMCA of SUPERIOR CALIFORNIA
2021 W Street, Sacramento
916.452.9622

ymcasuperiorcal.org

Latino Center of Art and Culture and
La Familia Counseling Center

Día Del Niño KiDDay

Maple Neighborhood
Community Center

3301 37th Ave • Sacramento, CA 95824

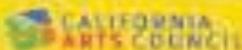
Crafts, Piñatas,
Kites, Masks

Street Puppets
Jump House

performances by:

Dinorah and Friends, Nube de Oro
Fenix Drum and Dance Company

Saturday April 30th
10am - 2pm



LRGP.org | larazagaleria@gmail.com | 916-452-3601

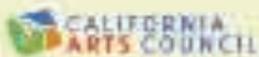
Feria de Salud Día del Niño

Maple Neighborhood Community Center
3301 37th Ave. Sac. 95824

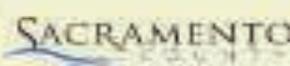
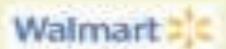


Entretención por:

**Dinorah & Amigos • Nube de Oro
FENIX Tambor y Baile**



Para más información llame a 916.452.3601





MLK365 IMPACT REMIX

proper noun

/M.L.K.365/ · /im'pakt · /'rēmiks/

a training for aspiring activists serious
about positive social change



ACTIVITIES

Keynote speakers, workshop presenters, case studies, and networking.

REGISTRATION

Pilot Participants are **FREE** with feedback.

Includes: continental breakfast, lunch, and t-shirt

DATE/TIME

April 30, 2016

Registration Check-in: 8:00 – 8:57 a.m.

Conference: 9:00 a.m. – 3:00 p.m.

LOCATION

Cosumnes River College

8401 Center Parkway Sacramento, CA 95823

TO REGISTER, VISIT

<http://www.mlk365.org/remix>

FOR MORE INFO

MLK365 (916) 426-4227

KEYNOTE SPEAKERS

BLAKE SIMONS - Communication Director - Afrikan Black Coalition
Presentation: Twitter as a Tool to Amplify, Mobilize and Organize

Milton 510 Bowens - Artist / Educator
Presentation: The Social Impact of Art

PRESENTERS

Andrew Defeye - Founder of Zero Forbidden (ZFG) Goals
Kenny Times - Low End Theory Collaborative (LETIC)
Presentation: The Arts in Activism

Danielle Williams - Community Organizer for Sacramento Area Congregations Together (ACT)
Presentation: Transforming Community through Relationships - Organizing 101

Brit Irby, Director - Innovation Bridge, Inc.
Presentation: Bridging Community Partnerships for Effective Collaboration

Kindra Montgomery-Block, Program Officer - Sierra Health Foundation
Presentation: Impacting County and Local Government

Paul Willis, Artist / Activist
Presentation: Talking the Talk - Communicating like a Leader

*"Our lives begin to end the date we become silent
about things that matter."*

- Martin Luther King Jr.

Crafters Corner

May 5 and 6, 2016

11 a.m. to 3 p.m.

Shop

(free entry)

Find unique
items crafted by
Casa
volunteers

Dine

Serving between
11:30 am & 1:00 pm

Reservations
recommended

916-452-2809

Menu Options

Turkey Enchiladas with
Chef's Choice Salad
or

Grilled Romaine Salad with Shrimp

Dessert
Strawberry Margarita Torte

Casa Garden Garden & Event Center
2760 Sutterville Road
Sacramento, CA 95820



MACK ROAD SPRING FAIR!

MAY 5 - 8, 2016

Thur - Fri 5pm - 11pm || Sat - Sun noon - 11pm

7789 La Mancha Way, 95823

¡Juegos y comida!
**RIDES, GAMES
& FOOD!**

NORTH BORDER TACO

Estacionamiento
y entrada **GRATIS**
**FREE Parking
& Entrance**

¡Para toda la familia!
FAMILY FUN!

Patrocinado por:
Sponsored by



Para más información, habla al 916.282.3203

*For more information
please call 916.706.3833*

Proceeds go to ReImagine Mack Road Foundation to provide resources and programs for the Mack Road Valley Hi Community Center and community programs.



www.mackroadpartnership.com/mackfair

Este no es un programa del Distrito Escolar Unificado de Elk Grove patrocinado y EGUSD acepta ninguna obligación ni responsabilidad por este programa / actividad.
This is not an Elk Grove Unified School District sponsored program and EGUSD accepts no liability or responsibility for this program/activity.

VICE MAYOR JENNINGS PRESENTS:

TRUCKS & SUCH

FOOD TRUCK MANIA!



EVERY FIRST FRIDAY OF THE MONTH



**MESA GRANDE PARK
4325 VALLEY HI DRIVE**

**LIVE MUSIC
& more!**

Join the Food Trucks
on the following dates:

May 6

June 3

July 1

August 5

September 2

**Family Friendly event
call 808.7007 for more information**

FREE



Book Give-A-Way

Saturday, May 7, 2016



Books for All Ages

Oak Park Community Center

10:00 a.m. - 1:00 p.m.

(3415 Martin Luther King Jr. Blvd. Sacramento, CA 95817)

Call (916) 808-6789 for more information

The Sacramento City Unified School District is not a sponsor, endorser or otherwise associated with this above program. Permit Number Y-298

City of SACRAMENTO
Neighborhood Services



我們講中文 • Hablamos español • Мы говорим по-русски • ភាសាខ្មែរជាភាសាផ្លូវការរបស់យើង • Peh hais lus Hmoob • Chúng tôi nói tiếng Việt



WHY WE WALK

- 1 IN 5 AMERICANS EXPERIENCE A MENTAL ILLNESS EACH YEAR
- STIGMA AND DISCRIMINATION PREVENT PEOPLE FROM SEEKING HELP AND TREATMENT
- WITH TREATMENT AND SUPPORT MANY PEOPLE RECOVER AND LIVE FULL LIVES
- WE WALK TO BUILD AWARENESS AND RAISE FUNDS TO OFFER EDUCATION AND SUPPORT PROGRAMS TO THOSE IN NEED AT NO COST

THE NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) IS THE NATION'S LARGEST GRASSROOTS MENTAL HEALTH ORGANIZATION DEDICATED TO BUILDING BETTER LIVES FOR THE MILLIONS OF AMERICANS AFFECTED BY MENTAL ILLNESS.

NAMIWALKS NORTHERN CALIFORNIA



SATURDAY, MAY 7, 2016
WILLIAM LAND PARK
SACRAMENTO, CA

Register Today!

www.namiwalks.org/northerncalifornia

NAMIWalks Northern California is the region's largest anti-stigma mental health awareness event. Registration is **FREE**. Proceeds from NAMIWalks support the work of regional affiliates in Amador, El Dorado, Humboldt, Placer, Sacramento, San Joaquin, Solano, Stanislaus, Tuolumne and Yolo Counties.



NAMIWALKS Northern California

3440 Viking Drive
Suite 104A
Sacramento, CA 95827

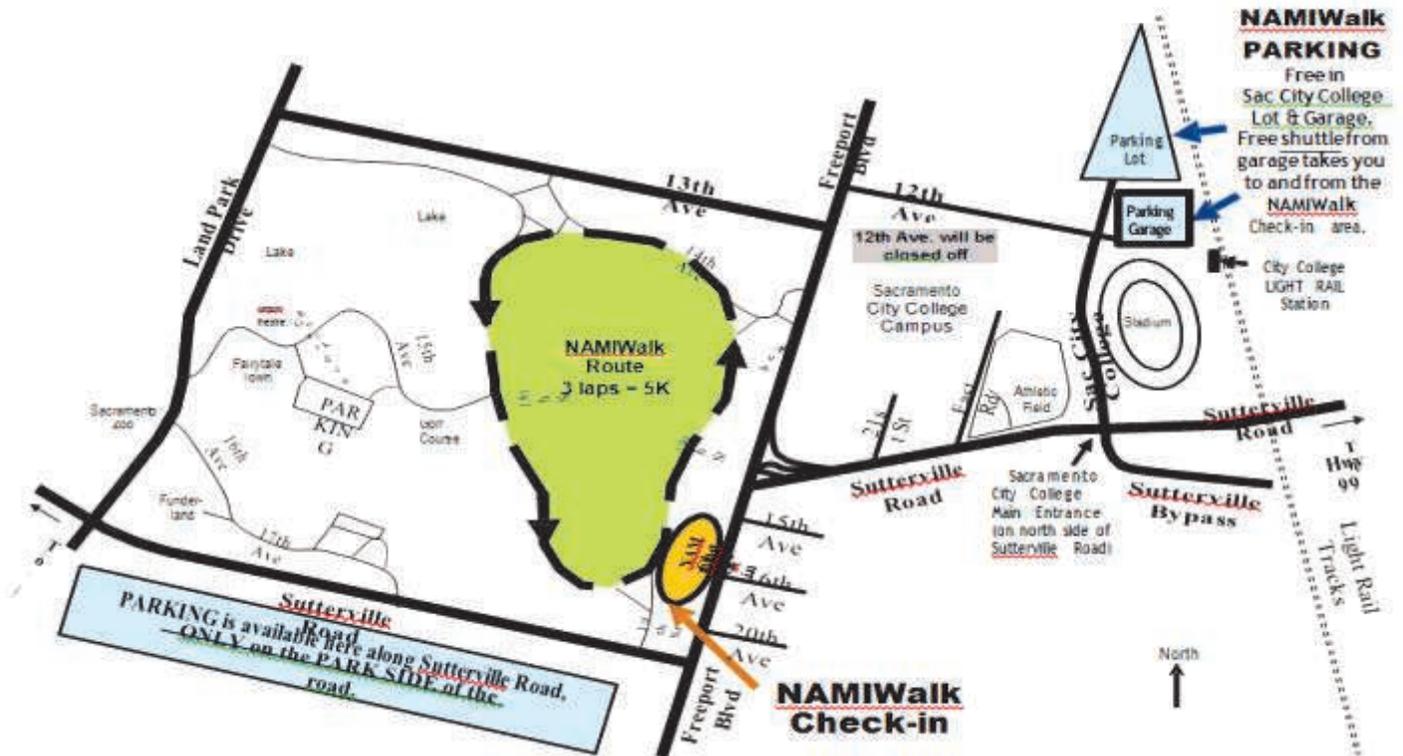
Questions? Contact

walkmanager@
namisacramento.org

NAMI Walks Northern California NAMIWalk — Saturday, May 7, 2016

8 AM: Check-in, Health and Wellness Expo Opens • 9 AM: Program and Warm-up • 10 AM: Walk Starts

NAMIWalk check-in is inside William Land Park near 1950 Sutterville Road, Sacramento, CA



Northern California NAMIWalk — Saturday, May 7, 2016

8 AM: Check-in, Health and Wellness Expo Opens

9 AM: Program and Warm-up

10 AM: Walk Starts

DIRECTIONS TO PARKING GARAGE AND LOT

on Sacramento City College campus near 2351 Sutterville Road

From Hwy 99

Take 12th Avenue exit and go west (left from the South; right from the North). 12th Ave immediately becomes Sutterville Rd. Go about 3/4 mile and over the railroad overpass. Opposite Sutterville Bypass turn right at Sacramento City College main entrance. Go straight until you see the parking garage on right. Park in garage or lot beyond the garage. Take shuttle bus from the garage or walk to the NAMIWalk Check-in area (see map).

From I-5

Take Sutterville Road exit and go east (right from the South; left from the North). Continue for approximately 1 mile to Freeport Blvd. Turn left onto Freeport and go one block. Turn right onto Sutterville Road. Opposite Sutterville Bypass turn left at Sacramento City College main entrance. Go straight until you see the parking garage on right. Park in garage or lot beyond the garage. Take shuttle bus from the garage or walk to the NAMIWalk Check-in area (see map).

GPS or Online Map Search

Enter "2351 Sutterville Rd., Sacramento, CA" in google or "2301 Sutterville Rd., Sacramento, CA" in mapquest. This will get you near the entrance to Sacramento City College. Opposite Sutterville Bypass turn into the Sacramento City College main entrance. Go straight until you see the parking garage on right. Park in garage or lot beyond the garage. Take shuttle bus from the garage or walk to the NAMIWalk Check-in area (see map).

THE BLOCK PARTY



FEATURING



**ZYDECO
FLAMES**



**CONJUNTO
LIBERACIÓN**



**ZYAH
BELLE**



**DJ
SOUL JAH**

PLUS

**CRSB
CARLA FLEMING
AND MORE!**

Join the biggest multicultural drum circle in Sacramento! Bring your drums and join in!

Creating Community Through Art **GRANT UNION HIGH SCHOOL**

1400 Grand Ave, Sacramento, CA 95838

May 7th 2016 **FOOD & GAMES**
ART ACTIVITIES

12 - 7PM **FREE ADMISSION**

Live Entertainment
Family Friendly Fun



The James Irvine Foundation Get Involved
crockerblockbyblock.org • @crockerblockbyblock • #BlockbyBlock



*Second Annual
Mother's Day Brunch*

Casa Garden Restaurant & Event Venue

2760 Sutterville Road, Sacramento, CA 95820

Sunday, May 8, 2016

9:30 a.m. - 2:00 p.m.

(last seating at 1:00 p.m.)

\$30.00 per person (coffee/tea included)

\$4.00 Mimosas

\$10.00 Mimosas (all you can drink = bottomless)

(other beverages available for sale)

Make Your Reservations Now for

Traditional Buffet Offerings

and Carving Station

916-452-2809

Cancellations-10 business days prior to event

One form of payment per group

2016 scheduled meetings

SSYAC

Every Second Wednesday of Each month from
6pm to 8pm at the Pannell Community Center

†  **January 13, 2016** †
February 10, 2016 †
March 9, 2016
April 13, 2016
† **May 11, 2016** †
June 8, 2016

† We are revving up to make 2016 a big year for the SSYAC! How will it be a big year you ask? †

† Well there's fun and informative activities, current event topics, guest speakers, and possible trips among other things. †



For more information contact:
Casanya Ursery at 808-7192 or cursery@cityofsacramento.org
Jose Alejo at 808-7458 or jalejo@cityofsacramento.org

Free Autographs

Take a Picture with a
Football Legend

Win Prizes

District
7

COMMUNITY SPOTlight

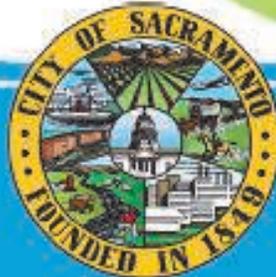


Hang out with
**Super Bowl Champ
& Vice Mayor
Rick Jennings, II** at
one of our great
neighborhood
businesses:

Thursday
May 12, 2016
8:30am

Starbucks
1036 Florin Road
Sacramento, CA

City of
SACRAMENTO
COUNCILMEMBER RICK JENNINGS, II
District Seven



CALL 916.808.7007
我們講中文
Hablamos Español
Мы говорим по-русски
გვინებენ ქართული
Pobliše jezika: Filipino
Chúng tôi nói tiếng Việt

Visit www.cityofsacramento.org/Mayor-Council/Districts/District7 or call 916.808.7007 for more information

Caregivers of loved ones with dementia

Attend the FREE support group meeting

In partnership with the Alzheimer's Association and the City of Sacramento Older Adult Services

Friday, May 13, 2016

3:00 p.m. – 4:00 p.m.

Hart Senior Center, Cypress Room

915 27th Street (27th and J Street
in midtown Sacramento)

Support group meetings provide education and emotional support to remind caregivers they are not alone—giving them a chance to say what they are feeling in a supportive environment and learn new strategies and resources in the community.

Care for loved ones with memory loss can be provided while attendees are at the workshop if arrangements are made in advance.

To attend, RSVP to Chantell Albers,
calbers@cityofsacramento.org or (916) 808-6475.

Support group meetings will be held every second Friday of each month.





Vice Mayor Jennings presents:

TRUCKS & SUCH

FOOD TRUCK mania !

every THIRD Friday of the month

garcia Bend park
7654 pocket road

Bike parking by SABA

**Join the FOOD TRUCKS
on the following dates:**

**LIVE MUSIC
& more!**

April 15

May 20

June 17

July 15

August 19

September 16

October 21

Family Friendly event
Call 808.7007 for more information

I AM PROP 47 Sacramento

CHANGE YOUR RECORD, CHANGE YOUR LIFE

Record Reclassification and Expungement

RESOURCE TOUR



INFORMATION



PROCESS FORMS



CONSULTATION



RE-ENTRY



EMPLOYMENT



HOUSING



MENTAL HEALTH

DATES



March 19, 2016
Liberty Towers Church
5132 Elkhorn Blvd.

ALL TIMES
12 pm to 4 pm

May 21, 2016
Unity Church
9249 Folsom Blvd.

April 23, 2016
Sam and Bonnie Pannell
Community Center
2450 Meadowview Rd.

June 25, 2016
McClatchy Park
FINAL TOUR STOP!



CONTACT US

(916) 470-2077

Our
Partners



ALWAYS
KNOCKING INC.



the
HUB

health
happens
aqui

innovation
bridge

CALIFORNIANS
FOR SAFETY AND JUSTICE



Learn to Create a Beautiful, WaterSmart Landscape

Free Gardening Workshop by Sustainable Landscaping and Irrigation Experts

**WaterSmart Irrigation –
Getting the Best Yard with the Least Water**

Saturday, May 21 - 9 a.m. to 12 p.m.

Registration

To register, visit: www.ecolandscape.org, and click on WaterSmart Landscape Workshops.

Registration deadline: Wednesday, May 18, 5 p.m.

Location

Pannell Community Center, 2450 Meadowview Rd
Sacramento, CA 95832

Topics

The workshop is designed to help gardeners and homeowners:

- ▶ Identify the right plants and best placement
- ▶ Convert or upgrade sprinkler systems
- ▶ Properly place emitters to protect your investment
- ▶ WaterSmart irrigation scheduling apps and resources



**Space is limited.
Reserve your place at
www.ecolandscape.org**



Free workshop sponsored by:



REGIONAL WATER AUTHORITY
FOR NORTHERN CALIFORNIA

City of
SACRAMENTO
Department of Utilities



ALWAYS REMEMBERED 2016

LIVE

Robert Brookins Celebration

JUNE 11th LIONS GATE HOTEL AMPHITHEATRE

performances by:



KARYN WHITE



HOWARD HEWETT



**JIMMY MORRIS
RASHAAD CARLTON
TYRAN HILL
AND MORE**

Tickets available at: All DIMPLE RECORDS

and online at: Eventbrite.com

General Admission or

Preferred Cushion Seating

Show starts at 8pm Sharp!

For more info call:

916-370-8165





2016 Registration opens online April 1st.

All players need

- Government issued birth certificates for all players new to Greenhaven Soccer or those who did not play last season.
- A recent picture of the player's face (NO hats/sunglasses). School photos work best.

REGISTER online!

www.greenhavensoccer.com
select the registration tab

Fees

(by age group)

U6 \$75

U8 to U10 \$110 (doesn't include referee fees)

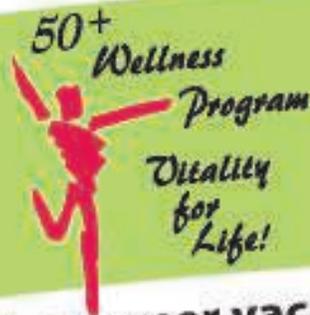
U12 to U19 \$125 (includes referee fees)

Volunteer fee \$50 per family for all age groups. Refundable upon completion of volunteer service.

Uniform use is included in the cost



*The Sacramento City Unified School District is not a sponsor, endorser or otherwise associated with the above.
Permit Number Y-248*



Camp Sacramento

... Fun at Any Age!

A summer vacation close to home but worlds away from the city!



■ Grand Camp, August 15-19, 2016

This summer before the grandkids head back to school, wouldn't it be nice to scoop them up and head out for a few days of fun? But where do you go and what do you do once you get there? No worries, we have just the place and lots of ideas for how grandparents and their grandkids can have fun together! Come spend five enjoyable, memory-making days in The Sierras at Camp Sacramento's Grand Camp. Each day includes joint activities for grandparents and the kids, as well as structured kid-only activities, all led by camp staff. Grandparents have lots of opportunity to relax on their own or join programs especially designed for our adult campers.



■ Arts in The Sierras, August 22nd – 26th, 2016

If being around nature's beauty inspires you to explore your artistic side, Arts in The Sierras will be a special week for you to create or enjoy something meaningful and beautiful. Have you ever seen a picture or painting and thought to yourself, "I wish I could do that." Here's your opportunity! Come join us for Arts in The Sierras Senior Camp, a chance to get away and discover your creative side. We'll offer a wide range of workshop opportunities to explore the many facets of the "arts" through painting, drawing, photography and so much more. Whether you're an experienced artist or an artist in the making, we have something for you.



Conveniently located off Highway 50 in the Eldorado National Forest, Camp Sacramento is just 85 miles northeast of Sacramento.

We do the cooking, you enjoy rustic wooden cabins, exploring the beauty of the high sierra, participating in a variety of planned activities, meeting new friends, renewing old acquaintances, or simply relaxing and getting away from your busy world.

Great food! Great staff! Great Experience! Share meals together, staff is always happy to accommodate special dietary needs, always with a smile. *"Outdoor camping without the work, it's like a cruise on land."*

Camp Sacramento is a permittee of the Eldorado National Forest in accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. (Not all prohibited bases apply to all programs.)



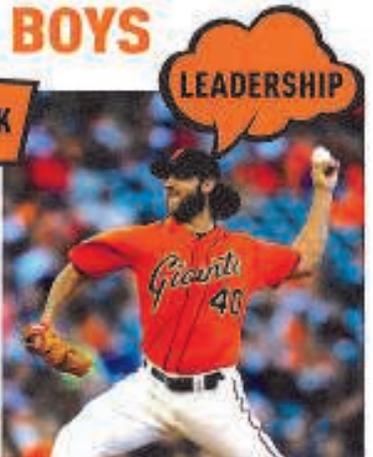
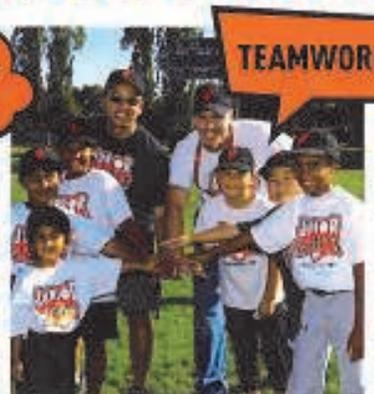
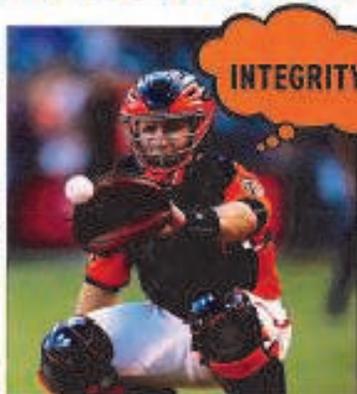
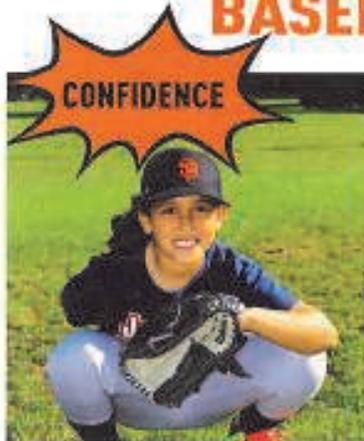
For Further Information Visit :
www.cityofsacramento.org/seniorsummerncamp
or call (916) 808-1593



City of
SACRAMENTO
Older Adult Services



A FREE NONCOMPETITIVE SUMMER BASEBALL PROGRAM FOR GIRLS & BOYS



KIDS & COACHES INTERESTED SHOULD CONTACT:

City of Sacramento Department of Parks and Recreation
Kenneth McCulloch (916) 808-5264
kmcculloch@cityofsacramento.org
Sign up at jrgiants.org starting 05/14/2016



2016 Summer Oasis

City of
SACRAMENTO
Parks and Recreation

Now Hiring!! Recreation Aides

About the Position:

The Recreation Aide will provide activities and assistance for groups of elementary age participants in recreation, fitness, nutrition and special events by selecting a variety of age-appropriate activities at one of four outdoor park sites in the Sacramento area.

Age Requirement: 16 years of age or older

Compensation: \$11.02/hr

About the Program:

Drop in recreational program providing crafts, sports, physical fitness, and games to 1st–6th graders in an outdoor setting.

Come on out and just have some FUN!!!

Program Dates: Jun 6– July 29, 2016 or Jun 20– Aug 12, 2016 (9am-1pm)

For more information, please call Steve Johnson (916) 808-6433

****This is a part-time/seasonal position****

City of Sacramento, Department of Parks and Recreation

Ping Pong for All

Free Ping Pong at Belle Cooleedge Park

Fruitridge and South Land Park Drive

Sacramento, CA 95822



Sacramento's first ever all-weather outdoor concrete ping pong table is free and available to the public during daylight hours.

Ping Pong paddles and balls are available for free checkout in the Belle Cooleedge Library. No library card required!

For more information see: PingPongforAll.com

Email: pingpongforall@gmail.com

Now Hiring!

Recreation Aides



The Recreation Aide will provide activities and assistance for groups of up to 20 elementary school students in homework, reading, math, enrichment, physical activity, nutrition education, recreation and special events/family activities by selecting a variety of age appropriate activities at a school site.



To Apply:

Please mail/submit completed application packet to the Sacramento START office, 5735 47th Avenue Sacramento, CA 95824. Monday - Friday OR email a PDF of your completed application packet to employment.start@cityofsacramento.org

Completed Application Includes:

- o Resume,
- o Cover Letter (detailing/demonstrating your interest in working with START & your unique qualifications for the position)
- o City of Sacramento Application
- o Sacramento START Rec. Aide Supplemental Questions & Availability Survey

Requirements:

High School Diploma or GED & copy of college coursework (verifying 48 units or more)
OR NCLB (No Child Left Behind) exam certificate.

Position Information:

Monday - Friday
Morning Programs: 6:00a-9:00a
OR (Times Vary Per Site)
Afternoon Programs: 1:00p-6:30p

Compensation: \$11.02-12.15/hr

Part-time/Seasonal Position

More Information:

Phone: (916) 808 - 1203
employment.start@cityofsacramento.org



Seasonal Markets

Open Rain or Shine

These locations welcome your EBT card.

- * **Cesar Chavez Plaza Farmers' Market**
10th St. between I and J Streets
Downtown Sacramento
Wednesdays, 10am-1:30pm
May-October
- * **American River Ranch Farm Stand**
2140 Chase Drive, Rancho Cordova
Saturdays, 8am-1pm
May-November
- * **Promenade Farmers' Market**
Natomas
3667 N. Freeway Blvd., Sacramento
Saturdays, 8am-12pm
May-October
- * **Mack Road-Valley Hi Farmers' Market**
Mack Road & Center Parkway
Thursdays, May-September
Exact location and times TBA
For most current information visit:
<http://mackroadpartnership.com/farmers>
- * **Oak Park Farmers' Market**
5th Ave. & 35th Street
McClatchy Park, Sacramento
Saturdays, 9am-1pm
May-October
- * **Fremont Park Farmers' Market**
16th Street between P & Q Streets
Tuesdays, 10am-2pm
May - October
- * **Morse Ave. Farmers' Market**
Kaiser Permanente
2025 Morse Ave., Sacramento
Fridays, 9:30am-2pm
February-December
- * **UC Davis Health System Farmers' Market**
45th Street and Y Street, Sacramento
Thursdays, 3-7:30pm
May-November



alchemist

For more information visit:
www.alchemistcdc.org
or call: 916-204-8260

Markets indicated with an asterisk* offer Market Match or other incentives (please see reverse side for additional details).

This project has been funded at least in part with Federal funds from the U.S. Department of Agriculture. The contents of this publication do not necessarily reflect the view or policies of the U.S. Department of Agriculture, nor does mention of trade names, commercial products, or organizations imply endorsement by the U.S. Government.
USDA is an equal opportunity provider and employer.

Use your CalFresh benefits to
buy fresh fruits and vegetables
at these Farmers' Markets

Year-Round Markets

Open Rain or Shine

These locations welcome your EBT card.

* **Florin Road Farmers' Market**
Sears Parking Lot
5901 Florin Road, Sacramento
Thursdays, 8am-12pm

* **Country Club Plaza Farmers' Market**
Butano Drive Parking Lot (rear of mall)
2310 Watt Ave., Sacramento
Saturdays, 8am-12pm

* **Midtown Farmers' Market**
20th Street between J & K Streets
1050 20th Street, Sacramento
Saturdays, 8am-1pm

* **Sunrise Station Farmers' Market**
Light Rail parking lot
Sunrise & Folsom Blvd., Rancho Cordova
Saturdays, 8am-12pm

* **Point West Farmers' Market**
Kaiser Permanente
1650 Response Road, Sacramento
Mondays, 9:30am-2pm
Closed January

* **Central Farmers' Market**
under the overpass
W St. between 8th and 6th St.
Sacramento
Sundays, 8am-12pm

* **Laguna Farmers' Market**
Sprouts parking lot
8211 Laguna Blvd., Elk Grove
Saturdays, 8am-12pm

VA Mather Farmers' Market
10535 Hospital Way, Mather
Wednesdays, 9am-1pm

Carmichael Park Farmers' Market
5750 Grant Avenue, Carmichael
Sundays, 9am-2pm

Sunrise Mall Farmers' Market
Sears rear parking lot
6196 Sunrise Blvd., Citrus Heights
Saturdays, 8am-1pm



alchemist

For more information visit:
www.alchemistedc.org
or call: 916-204-8260

Markets indicated with an asterisk* offer Market Match or other incentives. Spend a minimum dollar amount (varies by market) from your EBT card and receive additional market vouchers for the purchase of fruits and vegetables at issuing market. Offer good once per day per EBT card. For a limited time/until funds are exhausted. Additional restrictions may apply.

This list may not reflect all markets.
Please use findthemarket.org to locate markets near you.



Browse through the next following pages to see what events and programs you can participate in. Look through the volunteer opportunities to find something you would want to volunteer for. Apply to internships or scholarships that are available.

Get involved, learn, be engaged, and make a difference while having fun!

Internships

Volunteer

Community

We want
YOU
to join the

Sacramento Youth Commission

Why Join the Youth Commission?

The Youth Commission offers you the opportunity to change your community. Youth Commissioners often work together to tackle local youth issues, create and organize fun youth programs, and participate in exciting community service projects.

Still not convinced? Consider the fun you will have while working along side other hardworking youth from all across Sacramento. Not to mention each Youth Commissioner receives a monthly stipend payment for serving on the Commission.



Where to Apply:

Candidates can find an application at <http://portal.cityofsacramento.org/Clerk/Legislative-Bodies/Boards-and-Commissions>

Commissioners should meet the following qualifications:

- *Reside or attend school in the City of Sacramento.*
- *Between the ages of 14-19.*
- *Possess an interest in approving the lives of youth in Sacramento.*



Attend A Meeting!

The Youth Commission meets on the 1st and 3rd Monday of each month (excluding holidays and summer). Meetings begin at 6:00pm on the second floor of Historic City Hall at 915 I St. Sacramento, CA 95814.



Commission Mission

The Sacramento Youth Commission is a youth led commission/advocacy group whose mission is to protect, preserve, and enhance the quality of life for Sacramento youth by advising the City Council and the public on issues relating to youth policies, programs, and opportunities.





Earn Community Service Hours!

Check out The City Of Sacramento
Youth Commission!
Attend the Sacramento
Youth Commission Meetings and
Receive Community Service Hours!

Meeting Dates:

Monday, May 2

Monday, May 16

Monday, June 6

Meetings start at 6:00pm

Meeting Location:

Historic City Hall
2nd Floor Hearing Room
915 I Street
Sacramento, CA 95814



CITY OF
SACRAMENTO
Neighborhood Services

For more information contact Cecilia Jacquez at 808-6525 or cjacquez@cityofsacramento.org

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Councilmember Jay Schenirer presents

05 HOT SPOT

Friday Nights

7 pm to 11:00 pm

Oak Park Community Center

3425 Martin Luther King, Jr. Blvd.



BOYS AND GIRLS AGES 13 TO 19



HOT SPOT OPEN

~~March 4, 11~~

~~April 1, 8, 15, 22, 29~~

~~May 6, 13, 20~~

June 3

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800-833-8333
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comunicación
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Chaque un día Voté

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City of
SACRAMENTO
Parks and Recreation

Call (916) 808-6789 for more information

The Sacramento City Unified School District is not a sponsor, endorser or otherwise associated with the above program. The distribution or display of this material is provided as a community service; Permit #Y-14.

Councilmember Eric Guerra presents

OG HOT SPOT

Friday Nights

7:00 pm to 11:00 pm

George Sim Community Center

6207 Logan Street, 95824



BOYS AND GIRLS AGES 13 TO 19



HOT SPOT OPEN

2016 Dates:

April ~~15, 22~~, 29

May 6, 13, 20

June 3, 10

July 8

August 5, 12

October 7, 14, 21, 28

November 4, 18

December 2, 9, 16

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City of
SACRAMENTO
Parks and Recreation

Vice Mayor Rick Jennings, II presents

07 HOT SPOT

Friday Nights

7 pm to 11:00 pm



School of Engineering and Sciences

7345 Gloria Drive, Sacramento, CA 95831

BOYS AND GIRLS AGES 13 TO 19



HOT SPOT OPEN

2016 Dates:

April 22, 29

May 13, 20

June 3, 10, 17, 24

July 8, 15, 22, 29

August 5, 12, 19, 26

September 9, 16, 23, 30

October 7, 14, 21, 28

November 4, 18

December 2, 9, 16



我們講中文

Hablamos español

Мы говорим по-русски

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Chúng tôi nói tiếng Việt



**BASKETBALL,
SNACKS,
AND MORE!**

Call (916) 808-6789 for more information

City of
SACRAMENTO
Parks and Recreation

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Mayor Pro Tem Larry Carr presents

DO HOT SPOT

Friday Nights

7 pm to 11:00 pm

*Pannell Meadowview
Community Center*

2450 Meadowview Road Sacramento, CA 95832



BOYS AND GIRLS AGES 13 TO 19

Basketball
Volleyball
Teen Room
Movies
Games
Snacks



HOT SPOT OPEN

April 1
May 6
June 3
July 1
August 5
September 9
October 7
November 4
December 2

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Call (916) 808-6789
for more information

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City of
SACRAMENTO
Parks and Recreation

The Sacramento City Unified School District is not a sponsor, endorser or otherwise associated with the above. Permit Number X-193.



Get connected with your community! *Do something* with more meaning to life by giving: Giving your time, giving a helping hand, and giving support to those in need. By just volunteering you can help *make a difference* and be the change. *Volunteer* today! See what opportunities are available in your community!

The City of Sacramento Volunteer Program and its non-profit partners has a wide variety of volunteer opportunities for adults, teens and youth. These include on-going volunteer positions as well as short-term activities. For opportunities with the City of Sacramento, contact Mary Lynn Perry, Volunteer Coordinator at (916) 808-8317 or email mperry@cityofsacramento.org or go to the City's web site at www.sacvolunteers.org. You can also find us on Facebook: www.facebook.com/sacvolunteers and follow us on Twitter: www.twitter.com/sacvolunteers

ARTS AND CULTURE

Fairytale Town - Volunteer Orientation - Fairytale Town will host the next quarterly volunteer orientation on **Saturday, July 9th** from 11 am to 12:30 pm at Fairytale Town, 3901 Land Park Drive, Sacramento, CA 95822. To register please visit: <http://btrr.im/iqvzw>

Sacramento History Museum New Docent Training - Do you like history and working with kids? The Sacramento History Museum is looking for new docents to enrich our educational programs! Applicants should be comfortable interacting with the public – particularly children – and working with diverse groups. We require a year-long commitment and a minimum of 20 hours. Please note that school programs typically occur during weekdays. Training is provided for all programs. Interested applicants should visit our website at: <http://sachistorymuseum.org/programs-events/field-trips/> to get an idea of the type of programming we currently offer.

California State Railroad Museum Volunteer Opportunities

Volunteer applications are now being accepted. A key aspect of the Museum's mission is to preserve and interpret the history of railroading in California and the West. Museum staff and docents give tours, conduct hands-on interpretive activities, and preserve and restore artifacts in the Museum's collection in Sacramento and at Rail town 1897 in Jamestown, California. The Museum provides volunteer opportunities of many kinds and is **always** looking for people with an interest in public service who want to contribute time to one of the Museum's programs. Volunteers work behind the scenes in the Museum and at Rail town 1897 in the offices, the Museum Library, the Museum and Depot Store, and the Restoration Shops. They also work as docents, excursion train crew, and maintenance of way crew, Amtrak interpreters, oral history interviewers, living history players, and hand-car interpreters. Volunteer training at the California State Railroad Museum in Old Sacramento takes place in Spring, Summer and Fall. For further details about volunteering at the California State Railroad Museum and Old Sacramento State Historic Park, or to sign up for an interview, please email allaboard.csrsm@parks.ca.gov or call (916) 445-0269. **California State Railroad Museum 125 "I" Street**, Sacramento, CA 95814.





Summer Camp Teaching Assistant – Learn and grow this summer be a volunteer Summer Camp Teaching Assistant for Fairytale town. Teaching Assistant volunteers provide children with opportunities to use imagination and creativity in a fun and casual learning environment. Facilitate fun hands-on activities for children ages 4 to 9 years old, assist camp staff with set up and clean-up of activity materials, supervise and assist children during activities, and break times, prepare snacks. Volunteers must be organized and a team player, have an outgoing personality and an interest in working with children. Minimum age is 13 years old. Must be at least 13 years old by June 13, 2016. For additional information and to apply visit: <http://btrr.im/iqvzw>

ANIMALS

Front Street Animal Shelter - The shelter goals include placing animal in loving , permanent home, ending animal abuse/cruelty and assisting the public with animal care and pet health issues. Just a few of the ways that shelter volunteers make this possible include: maintaining a very clean and sanitary environment, conducting health and behavior screenings, exercising and socializing animals, cleaning and sanitizing bedding, bowls, and other animal care items, participating in community outreach and fundraising events, promoting the shelter through traditional and social media, maintaining databases, making phones calls and scheduling appointments, assisting owners of lost pets, organizing supply areas and sorting/bagging food donations for the Sacramento Pet Food Bank. You don't even have to have pets in order to help pets! For more information and to download an application please visit our website at www.sacpetsearch.com.

Become a Foster Pet Provider and Help Save Lives - The Sacramento Front Street Animal Shelter is looking for dedicated individuals or families with a satisfactory living arrangement willing to house and individual animal or animals that require extra time or attention to help them thrive and become available for adoption. Being a foster care provider is ideal for people who may not be able to commit to having a pet full time, but are willing to give a few weeks to make a huge difference in the life of a homeless pet. Anyone interested in learning more is encouraged to call 916-709-7997 (dog foster) or 916-764-6862 (cat foster) or check out our new foster website and sign up online at www.sacpetsearch.com.

COMMUNITIES

Youth @ City Council - Who can apply? 8th-12th graders. People Reaching Out (PRO) is a an agency that supports youth through mentoring, advocacy, civic engagement, and summer learning. Youth @ City Council is a 12 month program designed to develop young leaders and foster their engagement via hands on experiences while utilizing real government and community opportunities/events. In Y@CC, teens will learn about the core values of democracy along with the inner-workings of local, county and state governments. Contact CJ Lynch, Youth Advocate Coordinator at CJL@peoplereachingout.org or visit www.peoplereachingout.org

Help Wind Youth Services feed youth experiencing homelessness in Sacramento! - Everyday, Wind Youth Services serves breakfast and lunch to youth at our drop-in center. We are looking for volunteers to bring prepared and ready to eat lunches to our drop-in center to help us feed youth at the center. Meals should feed approximately 25-30 people. This is a great opportunity for community groups, businesses, families, or friends! Wind Youth Services provides supportive services and opportunities to youth experiencing homelessness as they pursue self-determined lives of stability and independence. Services provided include street out-reach, drop-in center, counseling, case management, emergency shelter, and permanent supportive housing. For more information about Wind, meal ideas, or to sign-up to provide a meal for youth experience homelessness, please email our Community Resource Coordinator, Ashley@windyouth.org. Thank you for helping us help the youth in Sacramento!





ENVIRONMENT

Parks Volunteer Program – Volunteers are invited to help with various stewardship activities in city parks, trails and natural areas. Activities vary by season, and training and tools will be provided, so no prior experience is needed, only the desire to help. Opportunities are available in all neighborhoods, and many activities are great for large groups, families, or youth groups with adult supervisors. Volunteers should wear closed toed shoes and are encouraged to bring a pair of work gloves. One day or short-term service activities are also available. To help or get more information, please contact Richard Perez: rperez@cityofsacramento.org or (916) 808-2285.

Natomas Adopt-a-Park Program- Join neighbors and community members in one day and on-going volunteer stewardship activities. Volunteers under age 18 need an adult supervisor. Group activities can be scheduled during regular parks hours and on occasional Saturdays or Sundays. Parks Leadership Academy for Youth, also known as PLAY is an opportunity for middle and high school aged students to learn, apply and teach park maintenance techniques to other volunteers in their local parks. PLAY has made a huge impact on how our community views and treats our parks. There has been less graffiti, littering, and vandalism since PLAY has started. Other youths in our community recognize that their friends and/or classmates work hard to preserve our beautiful parks. Community members/groups and neighborhood associations are now more comfortable adopting parks, knowing that PLAY will be there to help guide them through a park maintenance event. To join PLAY, to help at a parks event or get more information, please contact: Elena Quintero: equintero@cityofsacramento.org or (916) 410-4998 or visit: <http://www.angeliqueashby.com/district-one-business/parks-recreation/play>

District 1 Parks and Youth- Join neighbors and community members in one day and on-going volunteer stewardship activities. Volunteers under age 18 need an adult supervisor. Group activities can be scheduled during regular parks hours and on occasional Saturdays or Sundays. Parks Leadership Academy for Youth, also known as PLAY is an opportunity for middle and high school aged students to learn, apply and teach park maintenance techniques to other volunteers in their local parks. PLAY has made a huge impact on how our community views and treats our parks. There has been less graffiti, littering, and vandalism since PLAY has started. Other youths in our community recognize that their friends and/or classmates work hard to preserve our beautiful parks. Community members/groups and neighborhood associations are now more comfortable adopting parks, knowing that PLAY will be there to help guide them through a park maintenance event. To join PLAY, to help at a parks event or more information, please contact: Elena Quintero: equintero@cityofsacramento.org or (916) 410-4998 or visit: <http://www.angeliqueashby.com/district-one-business/parks-recreation/play>

SPORTS

Sacramento Sports Commission – a Division of the Sacramento Convention & Visitors Bureau, offers a variety of volunteer opportunities throughout the year to many exciting high profile community events including, the AMGEN Tour of California Bike Race (May 2016), USATF Junior Olympics (July 2016), the California State Fair (July 2016), the Grape Escape at Cesar Chavez Park (June 2016), and the annual Farm-to-Fork Celebration including the Festival on Capitol Mall, and the Tower Bridge Dinner. The volunteer opportunities with each event include a variety of assignments such as, set up and tear down, hospitality, assisting in the wine/beer venues, overseeing the information booth, volunteer check-in, just to name a few. For more information and to register, visit: <http://saceventcrew.com/>. We look forward to having you join our team. For further information, contact Danielle Ferroni-Paulsen, dferroni@visitsacramento.com





Volunteer Opportunities

River Cats Independent Field Spring Baseball Program - The RCIF Baseball Program serves children and adults with physical disabilities and/or developmental/cognitive disabilities and runs **April 16th to June 18th**. Volunteers would assist players actually play the game by shagging balls, assist them in running the bases or push wheelchairs around bases, and display positive and appropriate manner with the participants and families. Volunteer hours are either 9:30-11:30 AM (children and youth players) or 11:30-1:30 PM (adult players)

We need 10 + volunteers for all program dates

All events to be held at River Cats Independence Field
(RCIF) 2450 Meadowview Road, Sacramento, CA, 95832

Schedule: Opening Day is Saturday, April 16th

Saturday April 23

(No program April 30 or May 7) Adult Wheelchair Try-outs (volunteers needed)

Saturdays May 14 & 21

Saturdays June 4 & 11

Saturday, June 18th – Final game and awards

For more information and to volunteer contact Jenny Yarrow at jyarrow@cityofsacramento.org or Paula Black-Sinclair at pblack@cityofsacramento.org

Junior Giants Coaches and Team Parents – Volunteers are needed to assist with the Junior Giants baseball program. Volunteers serve as coaches, assistant coaches and team parents for the 8 week program. The season starts **Saturday, June 21st**. Junior Giants is a free, noncompetitive, coed baseball program for under-served youth ages 5-18. Youth have a chance to learn the basics of baseball during the summer while also discovering the importance of self-esteem and respect. For more information about the program, visit: <http://sfjg-ssgs.siplay.com/site/> All volunteers must pass a background check. If you'd like to help, contact Ken McCulloch at kmcculloch@cityofsacramento.org or call: (916) 808-5264. Apply online: <http://bttr.im/j19pj>

2016 Sports for Life! Soccer Tournament - Saturday, April 30th and Sunday, May 1st, Cherry Island Soccer Complex. The Sports For Life! Soccer Tournament is a unique and exciting annual tournament for athletes 50+. Featuring both men and women's divisions. We anticipate 25 or more teams, equaling roughly 450 athletes and fans across six fields. Action and skill are on display all day long! Looking for volunteers who are enthusiastic and ready to work! Volunteers assist the Tournament Director in a variety of duties throughout the tournament. Typical duties include event set up and take down, athlete check-in and age verification, headquarters assistance, replenishing refreshments for athletes, serving lunch to athletes on Saturday, customer service and other duties as assigned. This event may be used to earn community service hours for high school and college students.

Saturday, April 30th

6 am to 12:30 pm 8-10 volunteers needed

Noon to 6:30 pm 6-8 volunteers needed

Sunday, May 1st

6 am to 10:30 am 6-8 volunteers needed

10:00 am to 4pm 5-7 volunteers needed

Volunteers must be 16 years of age or older. Volunteers under 16 may participate if accompanied by a responsible adult. All volunteers must sign a volunteer waiver. Volunteers working Saturday, April 30th will be provided lunch. To sign up, please call the 50+ Wellness Program @ 808-1593 or email fiftypluswellness@cityofsacramento.org





Hart Senior Center TechConnections Volunteer Apple instructors needed- Teach older adults how to get connected using computers and other devices. Volunteers are needed to provide instruction on the use and applications of Apple products, including the care and maintenance of IOS devices (iPad, iPhone and MacBook). Knowledge of Apple ID, iCloud, security, settings and managing photos is necessary. This is not a lecture-only class as each student (6 students maximum) will bring their own device to class while the instructor walks them through step-by-step configurations to personalize and become more familiar with their IOS device. The world of modern technology is ever changing, so help teach seniors how to stay in touch with friends and family, access information and use apps and programs to bridge the digital divide. As a volunteer, you will have the opportunity to share your computer knowledge and skills with older adults in our community. Volunteering with this program is a wonderful way to spend the free time you may have and can help build a resume and utilize your existing talents! Desired skills include interpersonal skills-patience, good communication skills, comfortable speaking in front of small groups, enjoys working with others, and teaching experience is a plus. Volunteer must bring and use own device for teaching, curriculum will be provided. Classes are offered Monday-Friday, from 8am-5pm, flexible volunteer schedules are available. Volunteer commitment includes class time, (plus 15 minutes set up/shut down) and time spent reviewing curriculum before each lesson. For more information or to request a volunteer application, please contact Alicia Black at ablack@cityofsacramento.org

SPECIAL EVENTS

Special Events – The City of Sacramento Parks and Recreation is looking for volunteers to assist with concerts, park days, and movie nights. Volunteers will assist with various activities and assignments. Earn community hours, make new friends, increase social skills, build your resume, explore a new career and learn valuable job skills. Stay active this summer while having fun. For more information contact Patricia Rodriguez at prodriguez@cityofsacramento.org or call: (916) 808-6176.

Sac Event Crew Volunteer- Their website was recently launched and with great response. Do you enjoy meeting new people and being part of Sacramento's premiere sporting and community events? Are you outgoing, friendly and ready to have fun? Do you like great perks? Don't wait! Visit <http://saceventcrew.com/> and register to be part of our CREW.

Re-enactment Volunteers - The Old Sacramento Living history program keeps the past alive through historical re-enactments, activities, marching in parades, walking tours, ghost tours, and many fun events. Training is provided. All that is needed is a love of history and a willingness to learn! For more information and to sign up to help, contact Kristin Nicholson at (916) 808-6896 or knicholson@cityofsacramento.org.

Arts and Economic Prosperity Survey Volunteers - The Sacramento Metropolitan Arts Commission (SMAC) needs volunteers to attend arts events throughout Sacramento County beginning this **March through December, 2016**. Volunteers will help to distribute audience surveys for the 2016 Arts and Economic Prosperity study. The Arts Commission is partnering with Americans for the Arts to collect valuable information on how the arts impact the Sacramento economy. If you are interested in volunteering to help with this very important study, please contact Maya at MFreeman@cityofsacramento.org If your arts organization is interested in participating in the study, please also contact Maya.

Glenn Hall Park Workday - Glenn Hall Park, located at Carlson Drive at Sandburg, needs a trim! **Saturday, April 30th** from 9 am to noon will be the first workday in 2016 and your help is needed - the spring rains have helped the hedges sprout so we've got work to do! The young trees that we have planted over the last three years are really taking off, they have grown by several feet. It is a great feeling to leave this legacy of succession planting so that our urban forest will continue to thrive. As usual we will supply all of the tools and refreshments. Just bring a hat and sunglasses and we'll have a relaxing morning taking care of our park! Let Jeff Harris know if you can help: cadence@surewest.net



Volunteer Opportunities

Land Park Volunteer Corps - Join members of the community for the next Land Park Volunteer Corps workday in William Land Park on **Saturday, May 7th** at 9 am. The Corps will be working hard to clear out winter debris and get an early start grooming bushes, prepping planter beds, weeding, cleaning the ponds, trimming tree suckers and mulching trees stressed by the drought. So grab a pair of gloves and pitch in (you'll even get a breakfast boost from Espresso Metro at the beginning of the day and a free lunch after you finish at Noon). The group meets directly behind Fairytale Town (3901 Land Park Drive). Groups and individuals are welcome. For more information, contact lead coordinator Craig Powell at (916) 718-3030 or ckpinsacto@aol.com.

The Sacramento area CivicSpark fellows are working together to organize an event called Energize Colonial Heights in partnership with Rebuilding Together Sacramento and the Sacramento Association of Realtors. This event focuses on helping low income families living in the Colonial Heights neighborhood. Our aim is to maximize the energy efficiency of their homes, lower their monthly energy bills, and reduce greenhouse gas emissions. The event is to be held on **May 14th** with two shifts working between the hours of 8 am to 4 pm. For more information visit energizecolonialheights.weebly.com

Volunteer Day in McKinley Rose Garden - Friends of East Sacramento and the McKinley Park Volunteer Corps will hold a volunteer day in McKinley Park on **Saturday, May 14**. The event kicks off at 8:30 a.m. with a volunteer appreciation breakfast in the garden. At 9 a.m., rosarians will provide a deadheading training session for new volunteers. Volunteers will prune rosebushes in McKinley Rose Garden and trim and rake in the park. While some equipment and garden supplies will be provided, volunteers are asked to bring a pair of garden gloves, pruning shears and rakes if they have them. Volunteers will meet at the benches in the rose garden. The rose garden is at the corner of H and 33rd streets. R.S.V.P.s are requested, though drop-in help will also be appreciated. If you are interested in volunteering on May 14 or would like more information on how to help on your own schedule, email friendsofeastsac@aol.com or call 452-8011.

Stamp Out Hunger - Sacramento Food Bank & Family Services is the beneficiary of Stamp Out Hunger, the letter carriers' food drive, on **Saturday, May 14**. Volunteers are needed at about a dozen local post offices throughout Sacramento County to help collect donations from the postal trucks. The shift will be 2pm-6pm. This is a great opportunity for kids/youth/teens to get service hours. To sign up, click [here](#).

Amgen Tour of California Bike Race – Course Marshals Needed Sunday, May 22nd - You will be assigned a designated area along the race course to assist with the coordination and safety of the field of play for all race venues; keep the course clear of pedestrians, spectators, cars, etc. YOU will be the PR Ambassador keeping the spectators informed. Sign up today for Sacramento Stage 8, the Overall Final for this year's Men's and Women's races. It's sure to be an exciting day in the city. Amgen volunteer t-shirt, and swag will be available. To sign up, visit <http://www.amgentourofcalifornia.com/>

BMW Corporate Run 3.1/Sacramento's Largest Office Party - Sacramento Sports is hosting their 2nd Annual Corporate Run on **May 26th** – AKA Sacramento's Largest Office Party. We are looking for volunteers to assist in all areas, including Set-Up, Course Marshals, Beer Pavilion, Tent Monitors, Finish Line, etc. Are you outgoing, friendly and enjoy meeting new people? This is a fun event. Come on out! To register, visit <http://saceventcrew.com/>.

A Midsummer Night's Dream and Crystal Ice Cream Fantasy – Shakespeare's popular fairy-themed comedic play comes to life at Fairytale Town, along with all-you-can-eat Crystal ice cream on **Saturday, June 25th!** Join us for a magical midsummer's eve featuring multiple ice cream tasting stations, live entertainment, hands-on activities, an enchanted marketplace and more! Volunteers are needed to assist with this fun event from 4 to 9:30 pm. Minimum age for volunteers is 13. Renaissance or fairy themed costumes are required for volunteers. Check out our [Pinterest](#) board for costume inspiration. For additional information and to apply visit: <http://btrr.im/igvwz>





Volunteer Opportunities

SAFETY

Sacramento Police Department - The Sacramento Police Department is proud to present the Volunteers in Police Service program as well as other opportunities. VIPs work hard volunteering their time towards the betterment of their police department and the community they live in. Examples of services they provide include, assisting at various community/police sponsored events, neighborhood patrol in a SPD PT Cruiser, and involvement in the Bicycle Rodeo and Helmet Safety Program. A commitment of service pays in dividends of pride and experience from working in the field with Sacramento's finest. Applicants must complete a standard department pre-employment application and successfully pass a thorough background check before they can be considered for the assignment. Weekday and weekend shifts available. Additional volunteer opportunities are available in forensics (CSI), information technology, investigations, operations, specialized units and training. Call (916) 808-0839 today to talk with a Volunteer Coordinator or email volunteer@pd.cityofsacramento.org to find out how to get started in this rewarding position or visit: <http://portal.cityofsacramento.org/Police/Participate/Volunteer-Program>

Sacramento City Fire Reserves - The Reserves consist of more than 50 volunteers who train and work with the Sacramento City Fire Department. They provide valuable resources to our community and are dispatched to multiple alarm fires, Level 3 Haz-Mat incident and other emergencies whenever additional resources are required. The reserves provide supplemental staffing, food, drinks, and EMS standby at the scene of emergencies. They also have a role in decontamination at hazardous materials incidents. To learn more about training to be a volunteer with the Sacramento City Fire Reserves, contact Jonathan Williams at (916) 808-1680. For more information about the reserves go to <http://www.firereserves.org>.



Resources

Internships

Scholarships

Services

INTERNSHIPS

Neighborhood Services Division Internship Program- This internship is designed to give students interested in local government and public policy experience in the field. A one year commitment to the program is required and different learning objectives are contingent upon that timeframe. In an intern's first six months, they will learn general office tasks and will also participate in special meetings/events. After that, interns will work more independently and take on tasks such as publishing flyers, participating in local events, and attend meetings facilitated by a Councilmember or the Mayor. Applicants must be enrolled in college before starting their internship. It is recommended that prospective interns have knowledge of politics and be computer literate. To apply, submit a resume with at least two references (one of which should be from a professor/advisor) to Vincene Jones at VJones@cityofsacramento.org

City of Sacramento Advisory Board and Commission Vacancies- The Sacramento Youth Commission, Animal care Services Citizens Advisory Committee, as well as many other opportunities are available to apply for. To view listings visit: <http://www.cityofsacramento.org/Clerk/Legislative-Bodies/Boards-and-Commissions>.

Office of the Mayor Community Relations Intern - The Mayoral Internship Program offers an unparalleled opportunity to work with one of the most dynamic, visionary and high profile Mayor's Offices in the country. The Mayor's Community Relations Directors is seeking an unpaid intern immediately for a duration of one year. Some of the duties include: general administrative tasks, answer and respond to constituent calls, assist staff on specific topics or projects, attend community meetings, outreach to communities, photographing events, and other duties assigned. Interns must be able to work a minimum of 20 hours per week. Scheduling is flexible. Interns must be able to provide their own transportation. Parking will be provided. Job requirements include: having an interest in government and public service, possess excellent customer service skills, strong oral & written communication skills, proficient in Microsoft Office & social media navigation tools, ability to work in fast paced environments. If interested please contact Jovan Agee at Jagee@cityofsacramento.org or call (916) 808-8828. To be considered, please provide a resume and cover letter.

Volunteer Services Assistant Internship - The Volunteer Services Assistant helps with and coordinates various aspects of the City of Sacramento Volunteer Program. This unpaid position will offer student interns/volunteers the opportunity to experience city government while working on a variety of topics that directly impact the community. The Volunteer Assistant will write volunteer activity descriptions, post volunteer opportunities on a variety of platforms, answer questions from the public and refer volunteers to opportunities, assist internal and external clients with use of volunteer management system, assist with planning volunteer events, update the youth volunteer directory, assist with updating the Volunteer Orientation Handbook, participate in the production of multimedia content for marketing, assist with creation of e-newsletters, social media post as needed, serve as brand ambassador at meetings, community events and volunteer fairs and other duties as assigned. Knowledge of Microsoft Office, experience in volunteer management and in database management is a plus. Ability to multi-task and self-motivate is important in this role. Strong communications skills are required. Communications, public relations, marketing, journalism, or administration experience preferred. To apply, please contact: Mary Lynn Perry, mperry@cityofsacramento.org or call: 916-808-8317. Please submit a resume, 3 references and a writing sample.

Resources

District 5 Internship - District 5 is hiring an unpaid intern to assist with community outreach efforts, staffing the office, and other projects and activities. The intern will gain valuable work experience. Qualified candidates will be invited for interviews. Under the direction of the District Director, the intern will perform the following duties: general administrative tasks; answer and respond to constituents calls; maintain various data bases, sort and process mail; assist staff on specific topics or projects; attend community meetings; other duties as assigned. For more information please contact Zelia Gonzales at (916) 808-7005 or ZGonzales@cityofsacramento.org.

Program Coordinator for Teen Program- The Front Street Animal Shelter is looking for a skilled volunteer who enjoys working with teens. The shelter has a great teen volunteer program and needs a leader who can commit to every Saturday from 1-3. Teaching background or prior experience with youth is preferred. Here's what the coordinator will do:

- Engage teens with educational opportunities (bring in special speakers, work with our other training volunteers to teach our teens how to handle animals, etc.)
- Be proactive in searching out service opportunities for the teens – actively look for ways that they can help here at the shelter
- Be able to move our long-term teen projects forward
- Help organize additional teen opportunities – like car washes for raising money for the long-term projects
- Minimum age is 18

Sounds like something you'd like to try? Contact Janice Wagaman at (916) 808-8166 or jwagaman@cityofsacramento.org

Information Technology Geographic Information System Internship - The Central GIS Unit is offering student Internships (unpaid) to assist with data updates, a mapping projects, rectifying historical aerial photos, and other GIS data maintenance activities. The internship is always open for submitting resumes and letters of interest and is filled based on current available need, project workload and City GIS staff to assist. Obtain quality training and mentorship to build skills in data collection, field experience, data maintenance, and quality control for GIS data that is used throughout the City. Qualifications: Fundamental knowledge of GIS and ESRI products preferable. Enrollment in the GIS certification program a plus. This is currently an unpaid internship. Contact a college or department advisor for the fulfillment of an Internship requirement. Minimum commitment: 10 hours minimum per week, preferable 20 or more hours per week. Prefer a regular schedule to be maintained throughout the duration of the internship. Please contact Nathan Jennings at (916) 808-7857 or email njennings@cityofsacramento.org for more information. Nathan is also an adjunct staff at American River College and Sacramento City College.

THE SACRAMENTO METROPOLITAN ARTS COMMISSION (SMAC) INTERNSHIPS

Seeks interns or volunteers to assist with its various programs, including:

- **Art in Public Places** — Provides visual art experiences in public locations through the production of temporary and permanent works of art in public places and rotating exhibitions at the Robert T. Matsui Gallery (at City Hall) and the Sacramento Municipal Utility Gallery. A volunteer docent or tour guide program provides tours and presentations to the general public, community organizations, and students.
- **Grants and Cultural Programs** — This program oversees the distribution of County and City funds to arts organizations in Sacramento, and cultivates professional development and stabilization of artists and arts groups.
- **Arts Education** — Provides professional development to teaching artists, and produces arts education programs in Sacramento schools, social institutions, and other community organizations. The work schedule and timeframe are flexible. SMAC's office hours are 8:00 a.m. to 5:00 p.m., Monday through Friday. For more information, visit the website at www.SacMetroArts.org or call 916-808-3992. If interested, please email a resume to: Littlefield@cityofsacramento.org

Resources

City of Sacramento Department of Human Resources - Environmental Health and Safety Intern: Interns should be current students in a university-level occupational health and safety program. Knowledge of Cal/OSHA and Fed/OSHA laws and regulations and knowledge of basic industrial hygiene required. Interns will assist with PowerPoint and training development, setup and delivery of basic training topics, scanning and filing training information, assist with indoor air quality testing, sound level testing, respirator fit testing, and inspections. Training to assist with scanning and filing training information, and with indoor air quality testing, sound level testing, respirator fit testing will be provided. Interns will complete 150 hours of service. Flexible schedule on week days during business hours. For more information, contact Human Resources, Risk Management Division at (916) 808-5278. Or apply on-line: <http://bttr.im/8y7xh>

APAPA's Capitol Summer Internship Program is designed to prepare college students to become future leaders in the State of California. This program provides an opportunity for students to develop their leadership skills, gain public policy experience and become civically engaged.

The internship program will develop:

- Political awareness and civic engagement
- Understanding of government and legislative processes
- Professional and leadership qualities
- Networking skills with other fellow interns

APAPA-CEF will award a number of scholarships in the amount of \$1,000.00 each to selected students who will be attending college during the 2016-2017 academic year. Applications will be awarded based on their demonstrated commitment to the API community, abilities, academic achievements, career goals, civic activities, and leadership skills. You can learn more about our Internship and Scholarship program at our web site <http://www.apapa.org/>

All About Families Intern - The All About Families Intern will provide valuable support for the Museum's programs for our youngest visitors (ages 0-5) as well as for families with older children.

Qualifications:

- Pursuing a BA/BFA in early childhood education, education, art, or related field
- Ability to safely and responsibly engage in activities that require close contact with original works of art, hands-on experiences that explore art processes, and interactions with children
- Experience working with young children and enjoyment interacting with families
- Strong written and verbal communication skills
- Strong organizational skills
- Ability to bend, sit, stoop, and carry up to 40 pounds

Certain Fridays and weekends required

Description

- The intern will assist Early Childhood Educator and Program Assistant with the following:
- Maintain organization and cleanliness of Tot Land, the Crocker's interactive gallery space for families with young children and manage library checkout system
- Prepare art materials for programs
- Present or co-present programs to Museum visitors
- Develop ideas and lessons for gallery-based and studio-based programs
- Assist with evaluation of programs
- Conduct data entry

Internship Period

- 18-20 weeks, May-September 2016, at 10 hours per week

Somewhat flexible schedule with weekend availability required, as well as mandatory Friday availability for entire month of July (1, 8, 15, 22, and 29)

Resources

Benefits

- Gain an understanding of general museum operations
- Gain interpersonal skills through interaction with museum visitors and staff
- Gain an understanding of program planning and facilitation for diverse audiences

Increased hands on training in art and early childhood education

Apply

To apply, submit resume and cover letter to Michelle Steen, Program Assistant at msteen@crockerartmuseum.org.

SCHOLARSHIPS

Sacramento City Unified School District website offers various resources for students such as general college information, scholarships, test prep materials, financial aid and more. For more information about various colleges you are looking to attend, testing calendars, or need help with filling out your application for financial aid visit <http://www.scusd.edu/student-resources>

Valley Vision has created Scholarship Sacramento as a one-stop resource of local scholarship funding opportunities in the Sacramento region for high school students or anyone interested in pursuing a post-secondary degree. Search the local scholarship database and apply today! <http://valleyvision.org/projects/scholarship-sacramento>

First Lady Michelle Obama launches website for Scholarship, College and Financial Aid Resources: The site, [BetterMakeRoom.org](http://www.bettermakeroom.org), will feature information for students ages 14-19 on topics including the SAT and ACT exams, filling out financial-aid forms and college applications. For more info visit <http://www.bettermakeroom.org>.

SERVICES & RESOURCES

Sacramento Public Library Career Online High School (COHS) Program – Earn your high school diploma online! This pilot program through the Sacramento Library offers adults the opportunity to earn an accredited high school diploma and career certificate online and provides a limited number of free enrollments to qualified adult learners who are looking to advance their careers, prepare for workforce entry, or continue their education. COHS is **open to all eligible Sacramento residents** with the exception of residents of the City of Folsom, which is served by the Folsom Public Library system. Once enrolled, COHS pairs each student with an online academic coach, who provides the student with an individual career path, offers ongoing guidance, evaluates performance and connects the student with the resources needed to master the courses. Students will be given up to 18 months to complete the program. If you are interested in the program, please visit www.saclibrary.org/diploma to fill out an application. For questions email diploma@saclibrary.org.

VolunTEEN Nation International Service Project Grants - Students (ages 13-22) from the United States going abroad to volunteer or study in a developing country are encouraged to apply for an international service-learning mini-grant from VolunTEEN Nation. Grants are for up to \$300 to create a service project in a developing country while you are visiting that country. For more information please visit <http://bit.ly/19OAEa2>

Sports-For-All Clinic Grants - Passion for sports? Promote fitness in your community by hosting a Sports-For-All Clinic. VolunTEENation.org can provide you with funding, support and guidance to host your own sports clinic for youth on the autism spectrum. The grant can help fund the facility rental, healthy snacks, promotional fliers and/or equipment costs. For more information visit <http://bit.ly/Sports4AllGrant>



Resources

The Sacramento Food Bank's After School Academy is accepting applications for youth in grades between 1-6 who are in need of school assistance. If you know anyone who is in need, please have them reach out to Aurelia Garcia at: agarcia@sacramentofoodbank.org.

Attention Sacramento Female Leaders!

Spread the word! We are looking for high school-aged female leaders in South Sacramento who are interested in joining Girls on the Rise - a leadership, advocacy, and service program. Young women excited about making new friends, discussing relevant issues, and working with peers to design projects for community change -- this program is for YOU!

Meetings Details

When: Every Thursday from 5:30-7:30pm

Where: 6000 Lemon Hill Ave, Sacramento, CA

*Free food at every meeting

Program Benefits:

- Enhance and build leadership skills
- Gain community service hours
- Become an advocate for yourself and your community
- Gain valuable work experience
- Earn \$125 (With active participation from January 2016 - June 30th, 2016)

For more information please contact: Jaelyn Singleton, Youth Intern

jsingleton.cchw@yaho.com or call (916)-476-8106

YSA's Everyday Young Hero Program - Better Than Ever! - Youth Service America is seeking nominations for Everyday Young Hero program! Each week, the YSA Team selects one young person to receive this honor. Nominees should be ages 5-25, who are helping their communities through service to others and making significant progress in achieving the UN's Sustainable Development Goals (SDGs). Selected Heroes receive a congratulatory letter, a certificate of recognition, and will be recognized for his or her good work through YSA's newsletter and on social media. YSA will also select 12 winners - one per month - to receive \$250 grants to continue and expand their project, with the help of Newman's Own Foundation. If you know an Everyday Young Hero, submit your nomination at www.YSA.org/eyh_nomination.



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Tidbits by e-mail?

Send an e-mail to

vjones@cityofsacramento.org

and request to be added to
our mailing list!

Tidbits is also on our website

[http://www.cityofsacramento.org/
ParksandRec/Neighborhood-Services](http://www.cityofsacramento.org/ParksandRec/Neighborhood-Services)

City of
SACRAMENTO
Neighborhood Services

New City Hall

915 I Street, 3rd Floor
Sacramento, CA 95814

Phone: (916) 808-6789 | Fax: (916) 808-5959

Web: [http://portal.cityofsacramento.org/
parksandrec/neighborhood-services](http://portal.cityofsacramento.org/parksandrec/neighborhood-services)



Sacramento Youth Commission

New City Hall

915 I Street, 3rd Floor
Sacramento, CA 95814

ATTN: Sacramento Youth Commission

Phone: 916-808-6526 Fax: (916) 808-5959

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